



Con il Patrocinio di



STUDI CLINICI: METODOLOGIA

Coordinatore
Dr.ssa Stefania Gori

Evento ECM MODULO 2

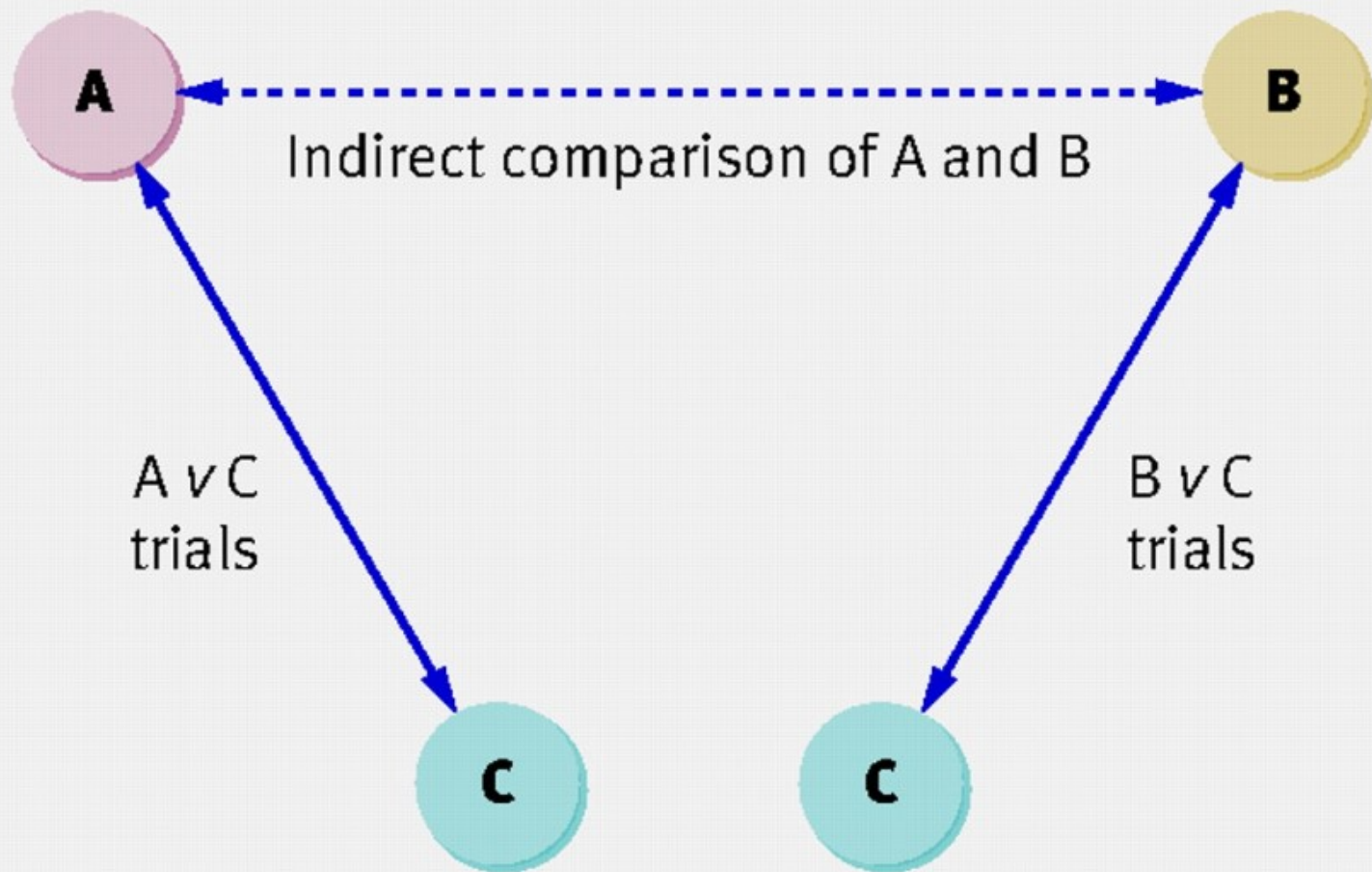
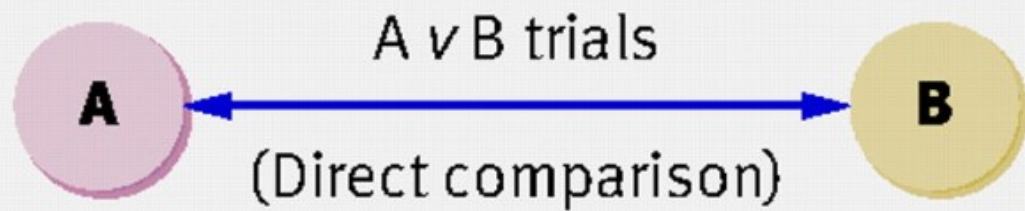
FORMAZIONE AVANZATA

NEGRAR
8/9 Marzo
2019

Centro Formazione
IRCCS Ospedale Sacro Cuore
Don Calabria



Confronti indiretti



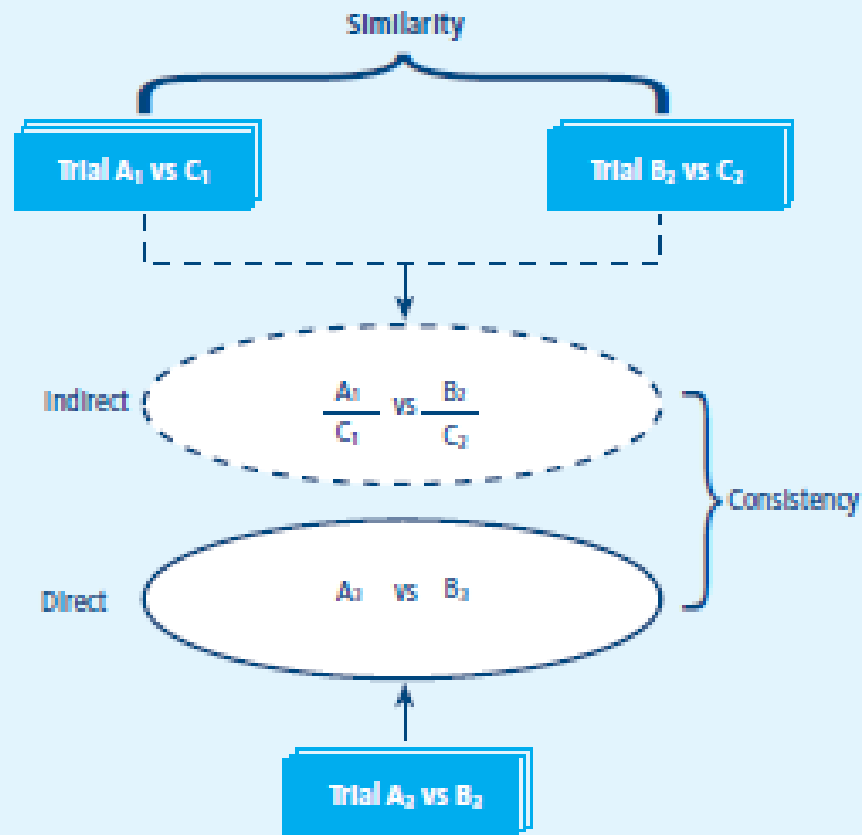


The best?

No head-to-head comparison



Head to Head vs. Indirect Comparisons



Head to Head comparison comes from a trial where A was directly compared to B.

Indirect Comparison comes from multiple studies where A and B may have been compared to the same comparator (i.e., C) but have never been compared to each other in the same study,

Indirect Comparisons



- ✓ **Indirect comparison refers to a comparison of different** healthcare interventions using data from separate studies, in contrast to a direct comparison within randomized controlled trials. Indirect comparison is often used because of a lack of, or insufficient, evidence from head-to-head comparative trials.
- ✓ **Naive indirect comparison is a comparison of the results of** individual arms from different trials as if they were from the same randomized trials. This method provides evidence equivalent to that of observational studies and should be avoided in the analysis of data from randomized trials.
- ✓ **Adjusted indirect comparison (including mixed treatment comparison)** is an indirect comparison of different treatments adjusted according to the results of their direct comparison with a common control, so that the strength of the randomized trials is preserved. Empirical evidence indicates that results of adjusted indirect comparison are usually, but not always, consistent with the results of direct comparison.

Indirect Comparisons



Basic assumptions underlying indirect comparisons include:

- ✓ **homogeneity** assumption for standard meta-analysis,
- ✓ **similarity** assumption for adjusted indirect comparison and
- ✓ **consistency** assumption for the combination of direct and indirect evidence. It is essential to fully understand and appreciate these basic assumptions in order to use adjusted indirect and mixed treatment comparisons appropriately.



ELSEVIER

Critical Reviews in Oncology/Hematology 94 (2015) 213–227

CRITICAL REVIEWS IN

*Oncology
Hematology*

Incorporating Geriatric Oncology

www.elsevier.com/locate/critrevonc

Is there evidence for different effects among EGFR-TKIs? Systematic review and meta-analysis of EGFR tyrosine kinase inhibitors (TKIs) *versus* chemotherapy as first-line treatment for patients harboring EGFR mutations

Eva Regina Haspinger^a, Francesco Agustoni^a, Valter Torri^b, Francesco Gelsomino^a,
Marco Platania^a, Nicoletta Zilembo^a, Rosaria Gallucci^a, Marina Chiara Garassino^{a,*},
Michela Cinquini^b

^a *Medical Oncology, Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy*

^b *Fondazione IRCCS Istituto di Ricerche Farmacologiche Mario Negri, Milan, Italy*

Accepted 11 November 2014

Efficacy



Toxicity



Population:

- ✓ previously untreated
- ✓ any age and race
- ✓ histologically proven NSCLC harbouring activating EGFR-mutation

Intervention:

- ✓ EGFR-TKIs (Erlotinib, Gefitinib, Afatinib)

Comparison:

- ✓ Platinum-based chemotherapy

Outcomes:

- ✓ PFS (whenever possible independently reviewed data)
- ✓ PFS in exon 19 deletion
- ✓ PFS in L858R mutation
- ✓ OS
- ✓ ORR (complete and/or partial and/or stable)
- ✓ Treatment related toxic events

Search strategy

PubMed, Cancer-Lit, Embase-databases and Cochrane-Library were searched for RCTs up to June 2014 with no language or publication status restrictions. Search terms were “TKI” [Substance Name] and “Carcinoma, NSCLC”[Substance Name]. The proceedings of the 2008–2014 conferences of the American Society of Clinical Oncology(ASCO), European Society of Medical Oncology (ESMO)and International Association for the Study of Lung Cancer (IASLC), World Conference of Lung Cancer were also searched for relevant abstracts. Any unpublished RCTs were considered for inclusion.

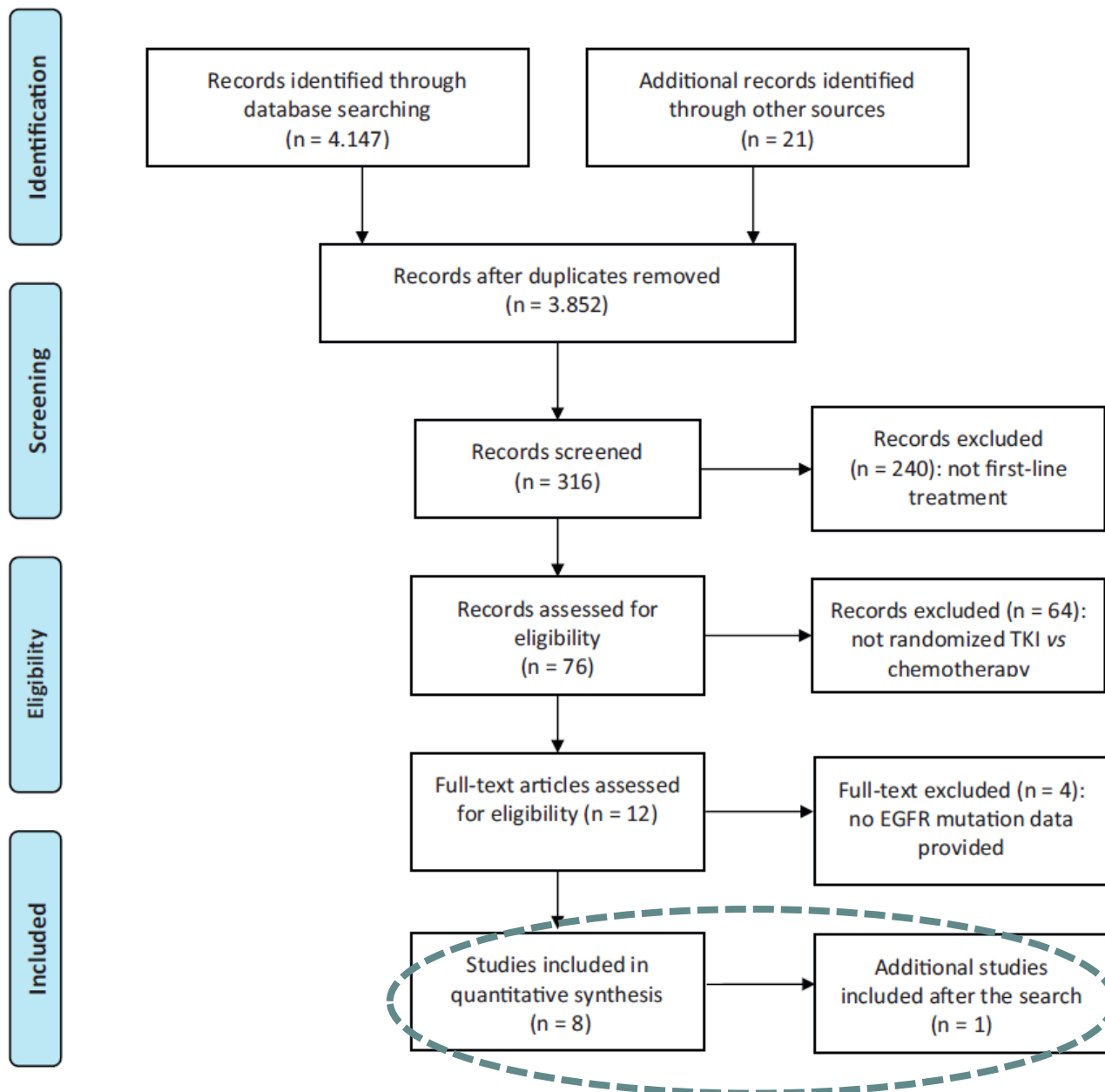


Fig. 1. Flow diagram for the selection of studies included in this meta-analysis.

Table 1

Characteristics of the 9 clinical trials included in the meta-analysis.

| Trial | Primary end-point | TKI | Chemotherapy | Patients (TKI/CT) | EGFR + patients (%) | Asiatic patients (%) | Crossover (%) ^a |
|------------------------------|---------------------------|-----------|---|-------------------|---------------------|----------------------|----------------------------|
| IPASS Mok, 2009 | Progression-free survival | Gefitinib | Carboplatin + paclitaxel | 1,217 (609/608) | 21.4 | 99.8 | 39.5 |
| WJTOG3405 Mitsudomi, 2010 | Progression-free survival | Gefitinib | Cisplatin + paclitaxel | 177 (88/89) | 100 | 100 | 59.3 |
| NEJ002 Maemondo, 2010 | Progression-free survival | Gefitinib | Carboplatin + paclitaxel | 228 (114/114) | 100 | 100 | 94.6 |
| First-SIGNAL Han, 2012 | Overall survival | Gefitinib | Cisplatin + gemcitabine | 309 (159/150) | 13.6 | 100 | 75.0 |
| TORCH Gridelli, 2012 | Overall survival | Erlotinib | Cisplatin + gemcitabine | 760 (380/380) | 5.1 | 0 | 60.9 |
| OPTIMAL Zhou, 2011 | Progression-free survival | Erlotinib | Carboplatin + gemcitabine | 154 (82/72) | 100 | 100 | NA |
| EURTAC Rosell, 2011 | Progression-free survival | Erlotinib | Cisplatin/carboplatin + docetaxel/gemcitabine | 173 (86/87) | 100 | 0 | 76.0 |
| LUX-Lung 3 Sequist, 2012 | Progression-free survival | Afatinib | Cisplatin + pemetrexed | 345 (230/115) | 100 | 100 | 75.0 |
| LUX-Lung 6 Wu, 2013 | Progression-free survival | Afatinib | Cisplatin + gemcitabine | 364 (242/122) | 100 | 100 | 56.0 |

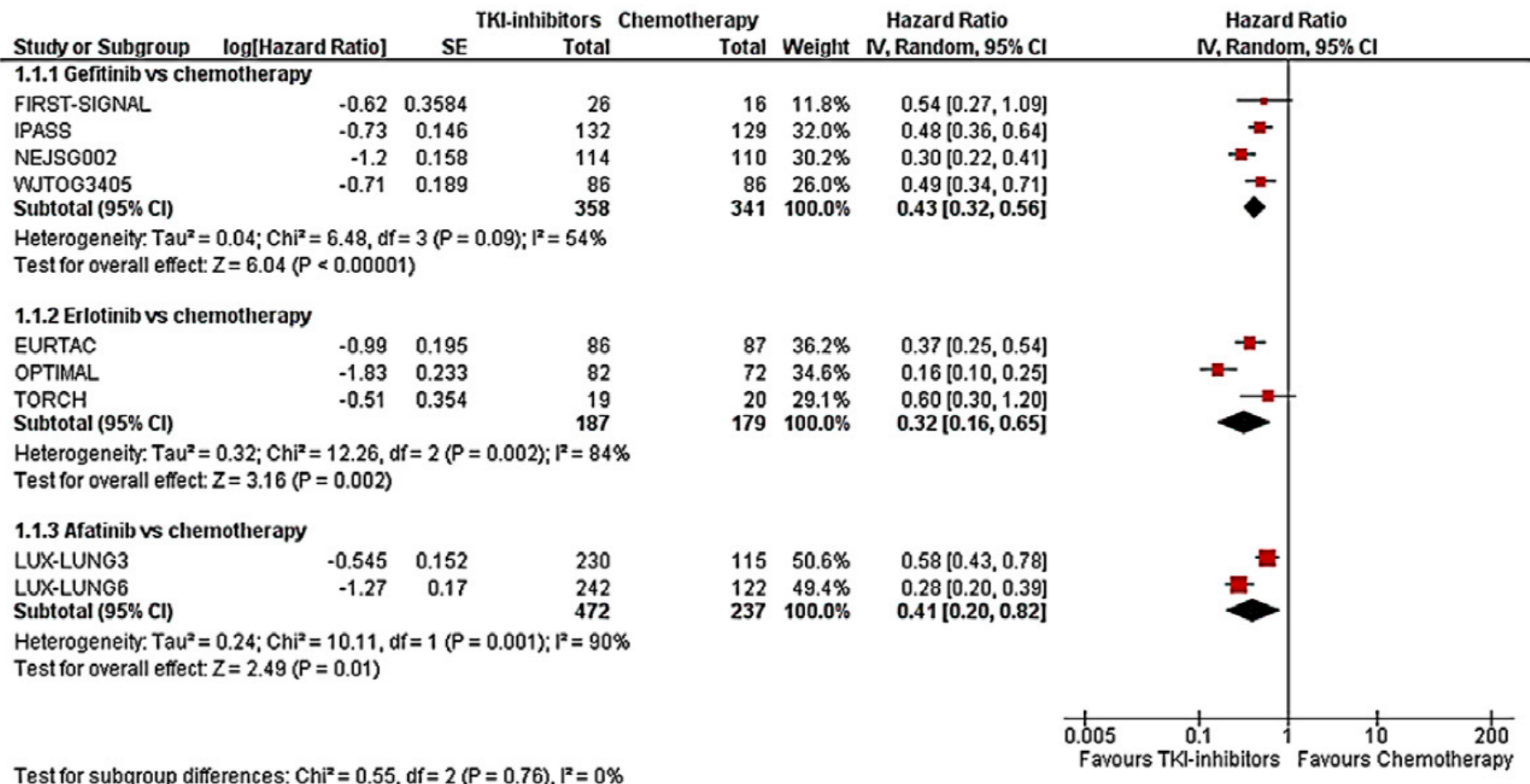
^a Patients who have been treated with crossover from chemotherapy to TKI in second-line.

Data synthesis:

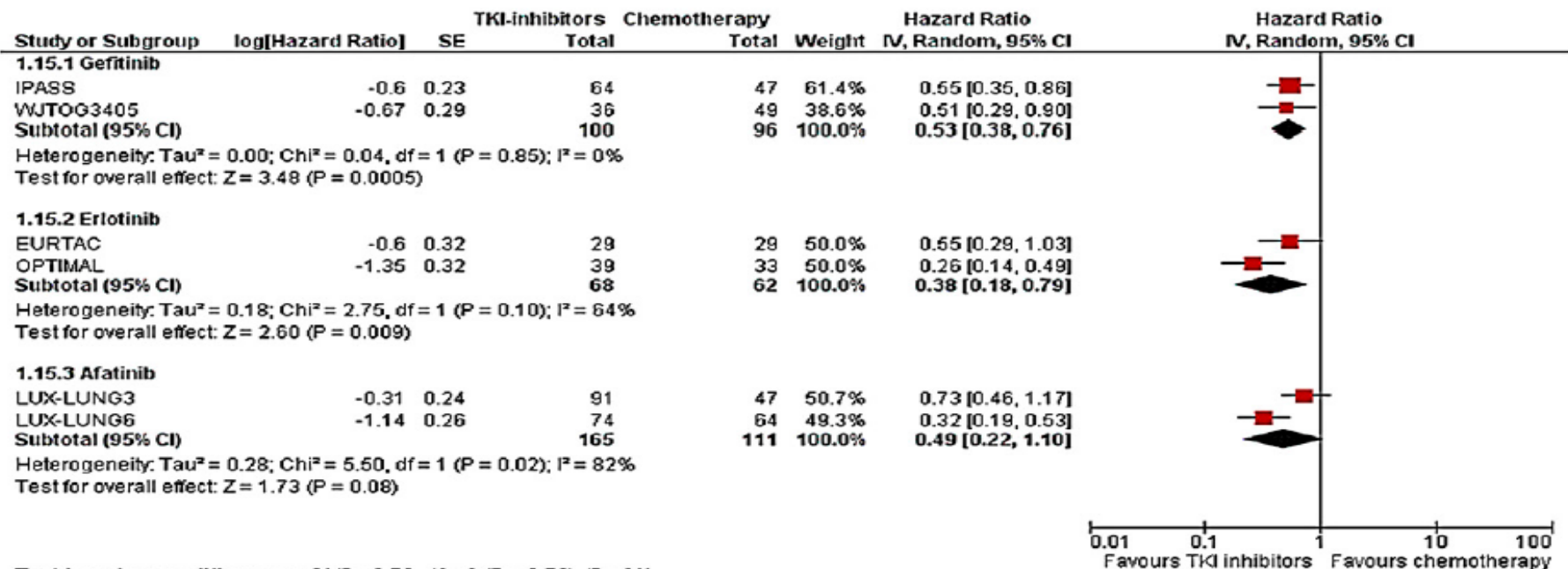
- ✓ HR for PFS and OS
- ✓ RR for the Others

PFS

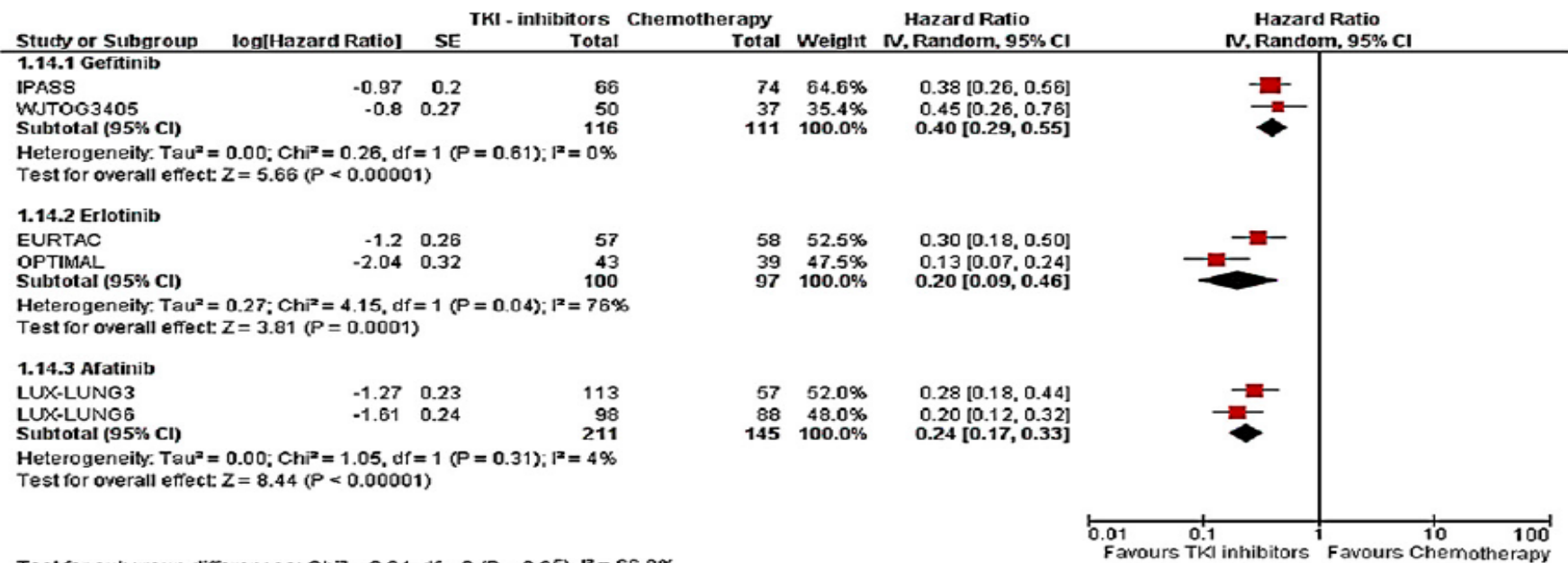
Panel A



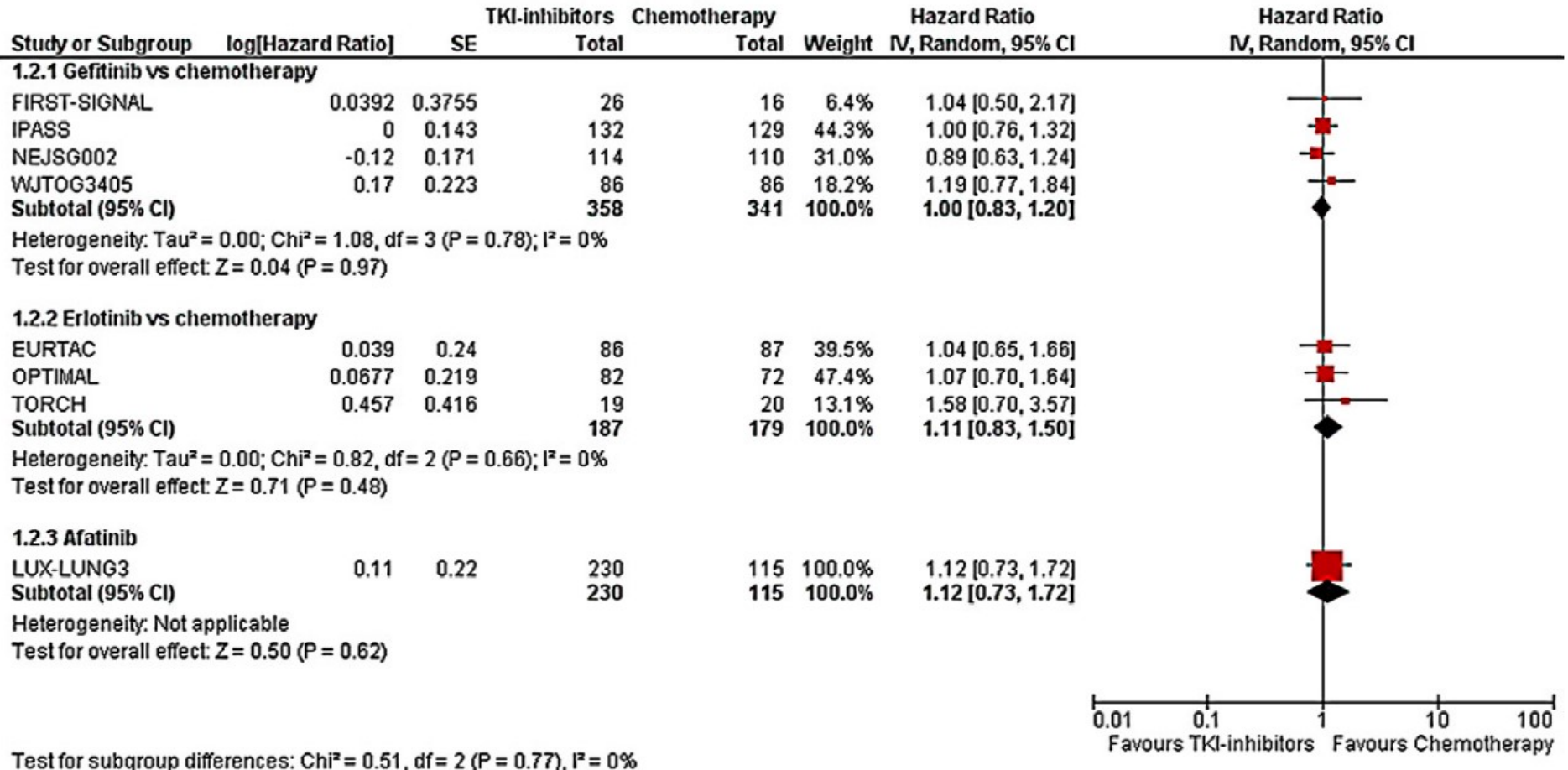
Exon 21



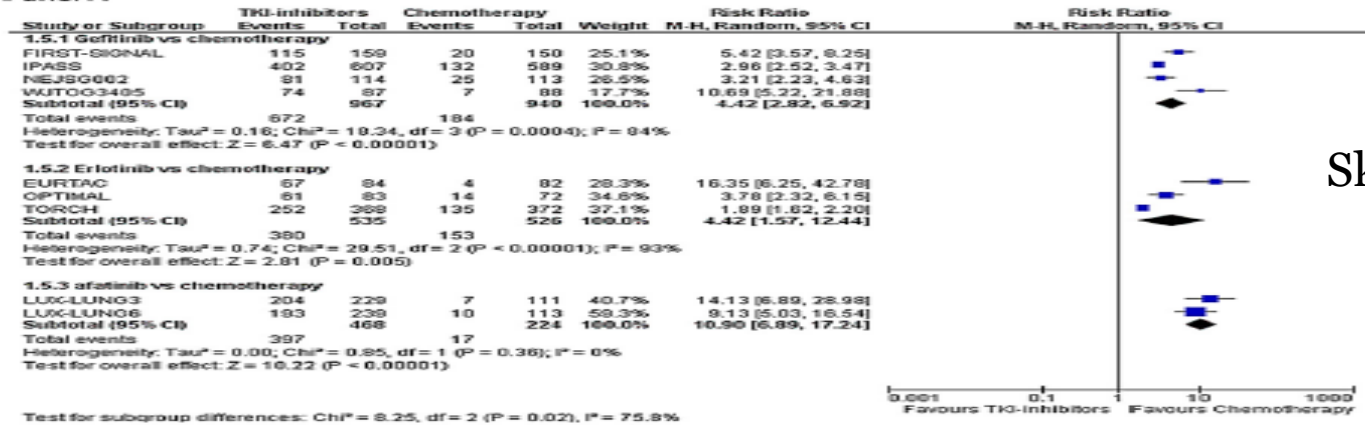
Exon 19



Panel B

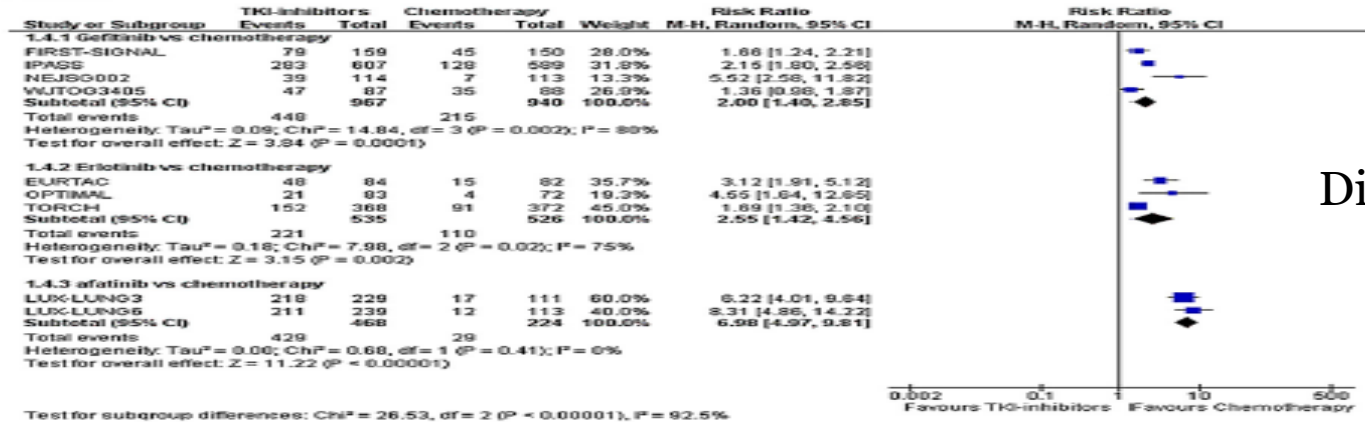


Panel A



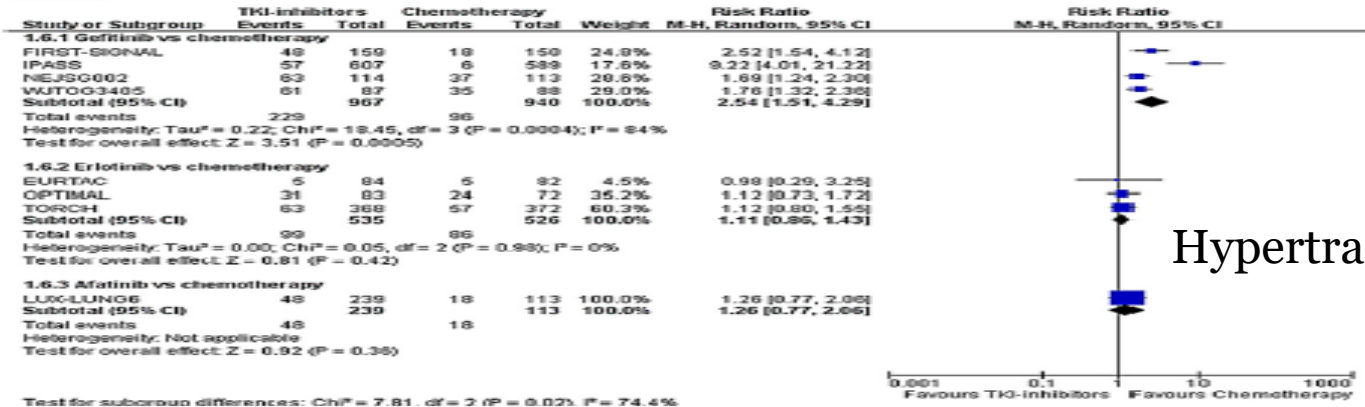
Skin reactions

Panel B



Diarrhea

Panel C



Hypertransaminasemia

So, who's the best?



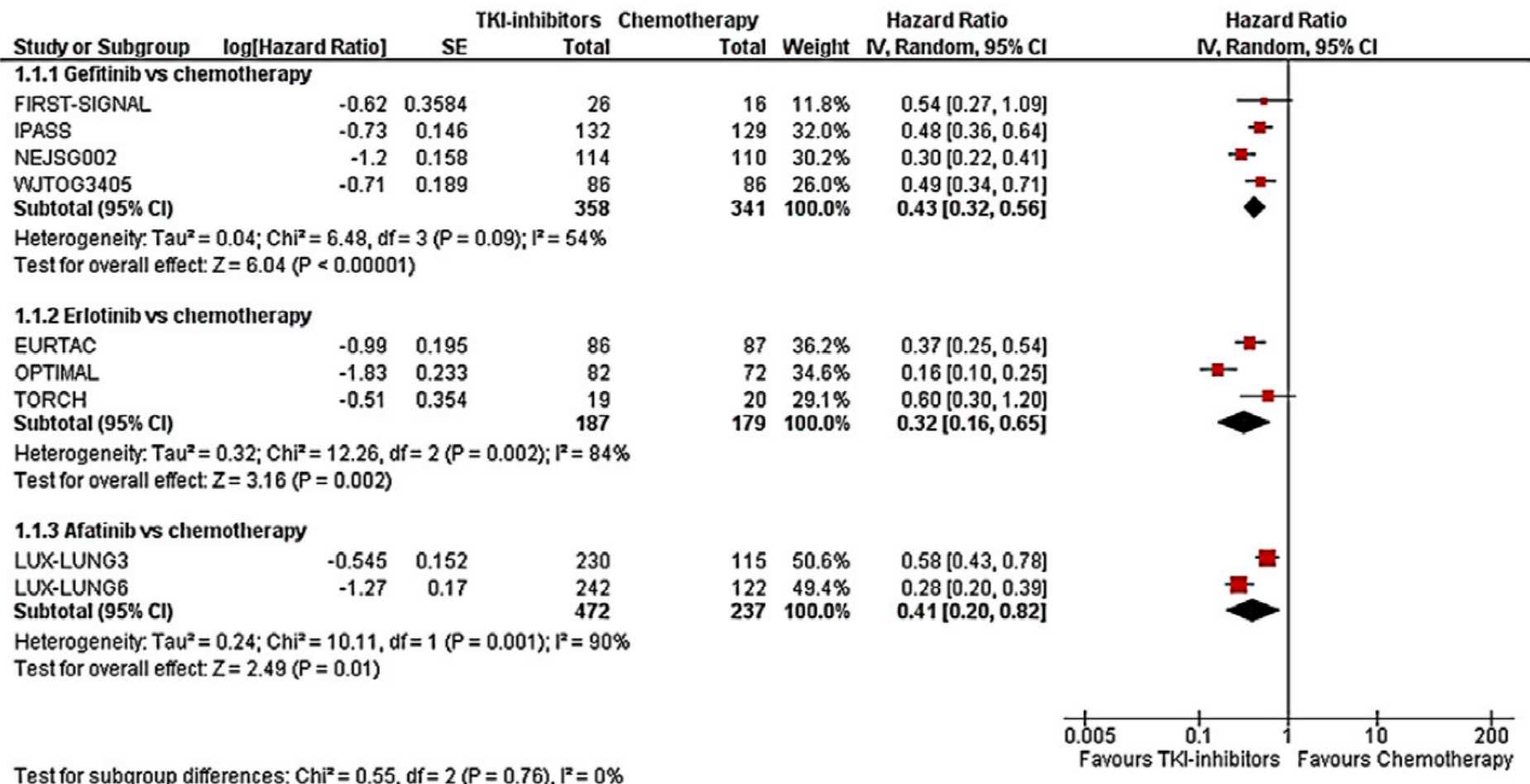
HOMOGENEITY ASSUMPTION



- When multiple trials are available for a given comparison, the results from multiple trials can be pooled in meta-analyses before an adjusted indirect comparison is conducted.
- For a meta-analysis to be valid, it is commonly established that results from different trials should be sufficiently homogeneous from a clinical and statistical perspective.
- This is usually demonstrated by a 2-tailed p value for homogeneity at Pearson chi-squared test or Cochran Q test > 0.10 and a I^2 (inconsistency) $< 50\%$.
- When homogeneity is unlikely (e.g. $I^2 > 50\%$) than heterogeneity and inconsistency are likely.

PFS

Panel A

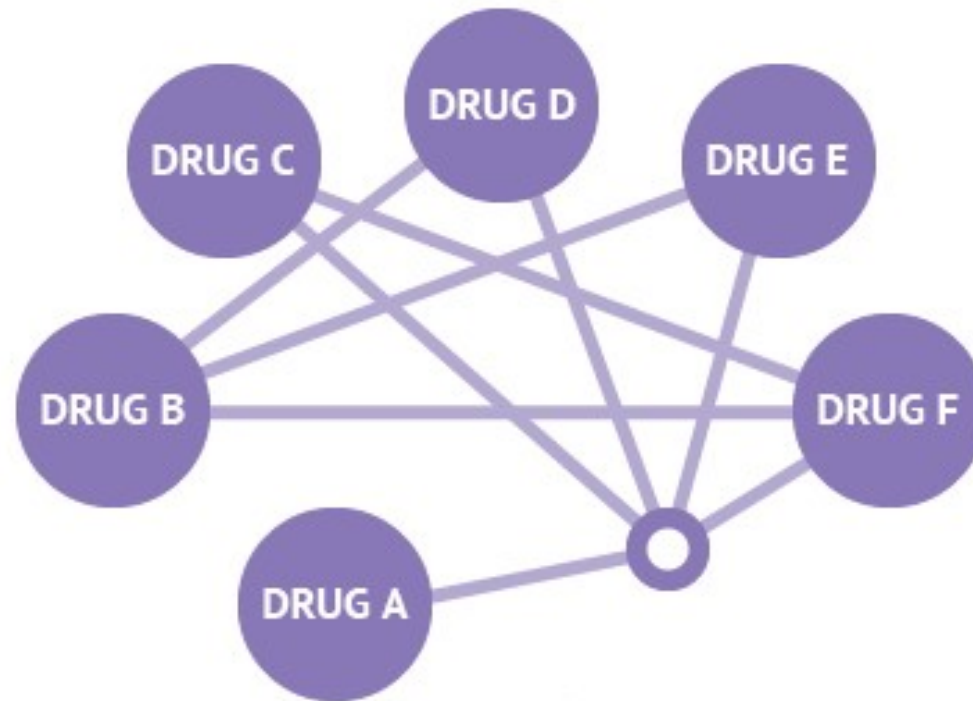


CONSISTENCY ASSUMPTION



- When both direct and indirect evidence is available, an assumption of evidence consistency is required to quantitatively combine the direct and indirect estimates.
- It is important to investigate possible causes of discrepancy between the direct and indirect evidence, such as the play of chance, invalid indirect comparison, bias in head-to-head comparative trials, and clinically meaningful heterogeneity
- When the direct comparison differs from the adjusted indirect comparison, we should usually give more credibility to evidence from head-to-head comparative trials. However, evidence from direct comparative trials may not always be valid.

No head-to head comparisons



SIMILARITY ASSUMPTION



- For an adjusted indirect comparison (A vs B) to be valid, a similarity assumption is required in terms of moderators of relative treatment effect.
- That is, patients included should be sufficiently similar in the two sets of control arms (C_1 from the trial comparing A vs C_1 , and C_2 , from the trial comparing B vs C_2).
- This is crucial as only a large theoretical overlap between patients enrolled in C_1 and C_2 enables the relative effect estimated by trials of A versus C_1 to be generalizable to patients in trials of B versus C_1 , and the relative effect estimated by trials of B versus C_2 to be generalizable to patients in trials of A versus C_2 .

| Study | | |
|--------------|---|-----------------------------------|
| FIRST-SIGNAL | Cisplatin 75 mg/m ² day 1 Gemcitabine 1000 mg/m ² days 1&8 | i.v. every 3 weeks up to 6 cycles |
| IPASS | Carboplatin 600 mg/m ² day 1 | i.v. every 3 weeks up to 6 weeks |
| NEJG002 | | |
| WJTOG3405 | | i.v. every 3 weeks up to 6 weeks |
| EURTAC | | |
| OPTIMAL | i.v. every 3 weeks up to 6 weeks | i.v. 4 cycles |
| TORCH | Cisplatin 75 mg/m ² day 1 Gemcitabine 1000 mg/m ² days 1&8 | i.v. every 3 weeks up to 6 weeks |
| LUX-LUNG 1 | Cisplatin 75 mg/m ² day 1 Gemcitabine 1000 mg/m ² days 1&8 | i.v. 6 cycles |
| LUX-LUNG VI | Cisplatin 75 mg/m ² day 1 Gemcitabine 1000 mg/m ² days 1&8 | i.v. Up to 6 cycles |

**STANDARD
CHEMOTHERAPY**

COMPUTATIONS



- The log relative risk of the adjusted indirect comparison of A and B ($\ln RR_{A \text{ vs } B}$) can be estimated by:

$$\ln RR_{A \text{ vs } B} = \ln RR_{A \text{ vs } C_1} - \ln RR_{B \text{ vs } C_2}$$

- and its standard error is:

$$\text{SE} (\ln RR_{A \text{ vs } B}) = \sqrt{[\text{SE} (\ln RR_{A \text{ vs } C_1})^2 + \text{SE} (\ln RR_{B \text{ vs } C_2})^2]}$$

- Similar computations can be envisioned for odds ratio, absolute risk reductions, weighted mean differences, and standardized mean differences.

Panel A

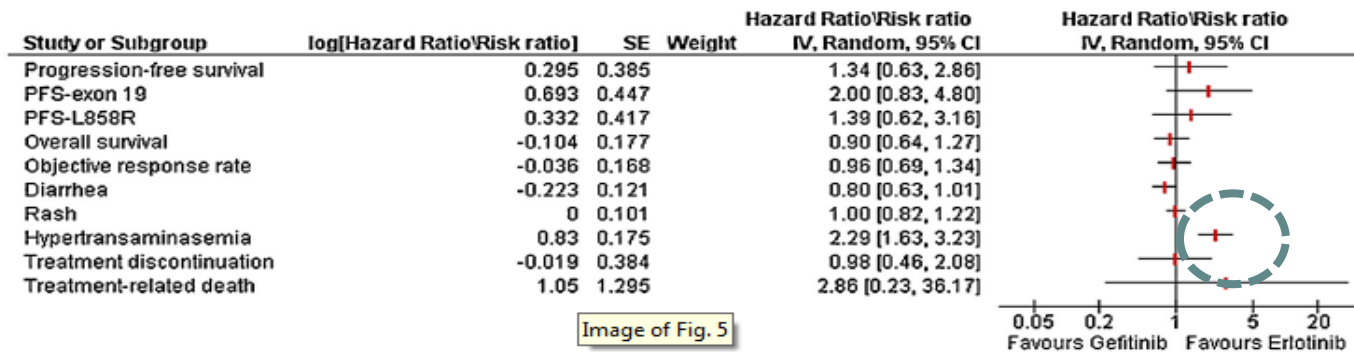
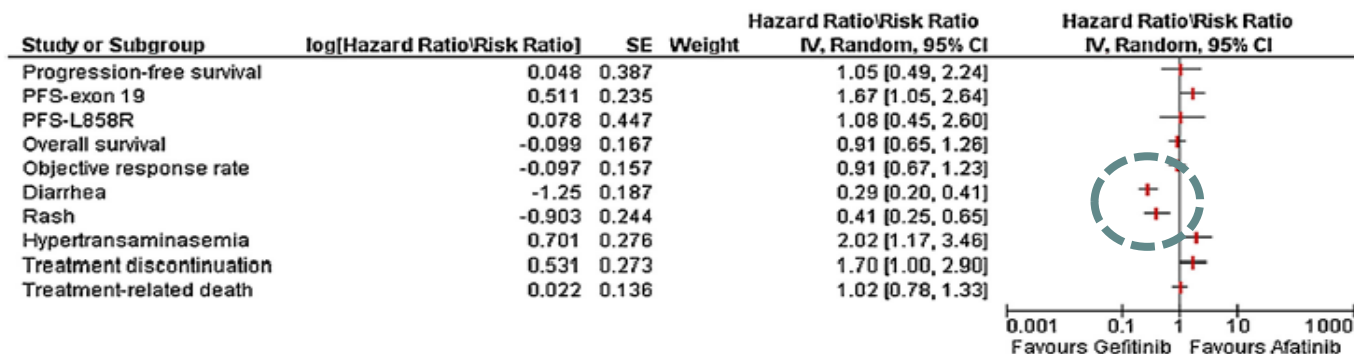
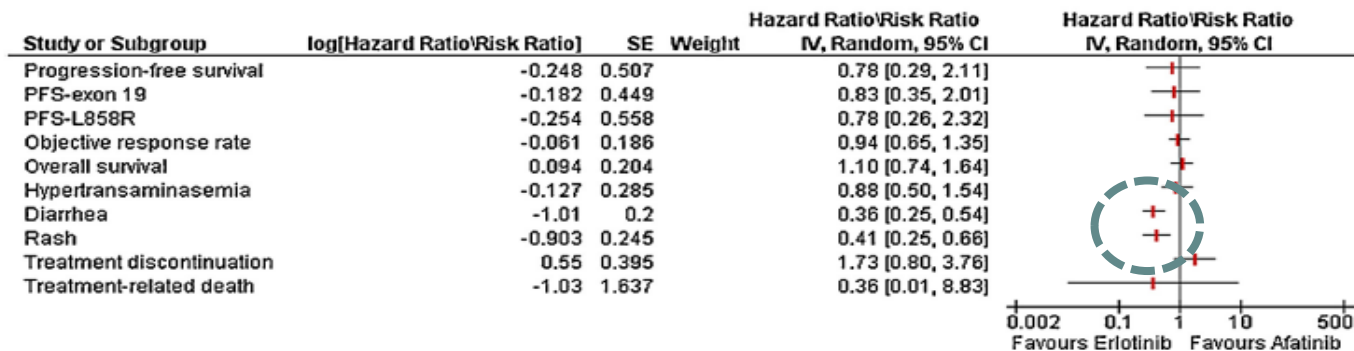


Image of Fig. 5

Panel B



Panel C



Interpretation - Quality



- Rubbish studies = unbelievable results
- If all the trials in a meta-analysis were of very low quality, then you should be less certain of your conclusions.
- Instead of “Treatment X cures Y disease”, try “There is some evidence that Treatment X cures Y disease, but the data should be interpreted with caution.”

| WJTOG3405 | TORCH | OPTIMAL | NEJSG002 | LUX-LUNG6 | LUX-LUNG3 | IPASS | FIRST-SIGNAL | EURTAC | |
|-----------|--------|---------|----------|-----------|-----------|--------|--------------|--------|---|
| Green | Green | Green | Yellow | Green | Yellow | Green | Yellow | Green | Random sequence generation (selection bias) |
| Green | Green | Green | Yellow | Green | Yellow | Green | Yellow | Green | Allocation concealment (selection bias) |
| Yellow | Yellow | Red | Green | Green | Green | Yellow | Green | Green | Blinding of participants and personnel (performance bias) |
| Yellow | Yellow | Red | Green | Green | Green | Yellow | Green | Green | Blinding of outcome assessment (detection bias) |
| Green | Yellow | Green | Green | Green | Green | Green | Green | Yellow | Incomplete outcome data (attrition bias) |
| Yellow | Green | Green | Green | Green | Green | Green | Green | Green | Selective reporting (reporting bias) |
| Green | Red | Green | Red | Green | Red | Red | Green | Red | Other bias |

Fig. 6. Risk of bias summary: review authors' judgments about each risk of bias item for each included study.

TAKE HOME MESSAGES



- Adjusted indirect comparison meta-analysis represents a simple yet robust tool to make statistical and clinical inference despite the lack of conclusive evidence from head-to-head randomized clinical trials.
- Despite being not at the uppermost level of the hierarchy of evidence based medicine, it can often provide results equivalent to those of subsequent direct comparisons.