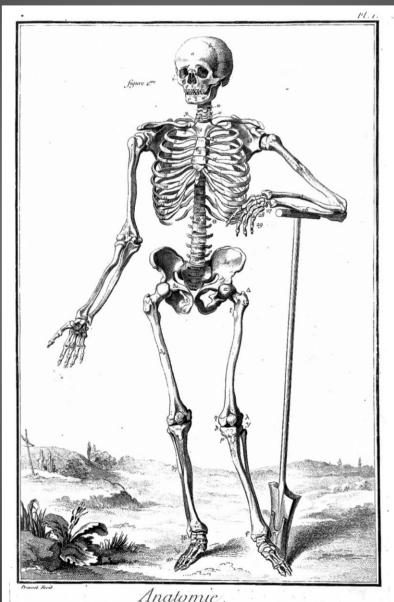
METASTASI OSSEE DA TUMORI SOLIDI A TUMORI PRIMITIVI DELL'OSSO: QUALI NOVITÀ PER IL 2016?





L.ROMANO

I TUMORI OSSEI

- 20% delle neoplasie scheletriche
- •80% lesioni ripetitive
- •Incidenza 1caso/100.000 ab
- •500 nuovi casi (I)
- Elevato impatto sociale
- ✓ Range 6-70 aa
- ✓ Età giovanile più aggressivi
- ✓ Elevato indice mortalità e invalidità

I TUMORI OSSEI

Strategie diagnostiche

Stadiazione

Diagnosi precoce

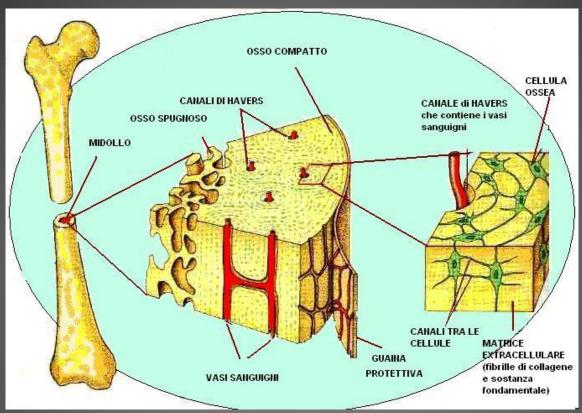
Stadiazione

Opzioni terapeutiche

- ✓ Chirurgia
- √ Chemioterapia

RADICALITA' DEL TRATTAMENTO

IL TESSUTO OSSEO



Tessuto complesso

- √ Tipologia cellulare differente (x embriologia)
- ✓ Matrice mineralizzata
- ✓ Componente vascolare e nervosa Incessante rimodellamento Funzione strutturale e metabolica

- 1TUMORI DI ORIGINE OSSEA BENIGNI: osteoma o osteoma osteoide osteoblastoma o (displasia fibrosa) (fibroma ossificante) BASSA MALIGNITÀ: osteosarcoma iuxtacorticale MALIGNI: osteosarcoma
- 2 TUMORI DI ORIGINE CARTILAGINEA BENIGNI: esostosi condromi fibroma condromixoide BASSA MALIGNITÀ: condrosarcoma gr. I MALIGNI: condrosarcoma
- 3 TUMORI DI ORIGINE FIBROSA ED ISTIOCITARIA BENIGNI: fibroma istiocitario istiocitoma fibroso benigno BASSA MALIGNITÀ: tumore a cellule giganti fibroma desmoide MALIGNI: fibrosarcoma istiocitoma maligno
- 4 TUMORI DI ORIGINE MESENCHIMALE MIDOLLARE MALIGNI: sarcoma di Ewing reticolosarcoma plasmocitoma (leucemia, Hodgkin, Linfosarcoma)
- 5 TUMORI DI ORIGINE VASCOLARE. BENIGNI: emangioma o linfangioma MALIGNI: emangioendotelioma maligno emangiopericitoma
- 6 TUMORI DI ORIGINE NERVOSA BENIGNI: -neurinoma neurofibroma
- 7 TUMORI DI ORIGINE ADIPOSA BENIGNI: lipoma MALIGNI: liposarcoma
- 8 TUMORI DI ORIGINE MISTA BASSA MALIGNITÀ: adamantinoma MALIGNI: mesenchimoma maligno
- 9 TUMORI DI ORIGINE DALLA NOTOCORDA BASSA MALIGNITÀ: cordoma
- 10 ALTRE FORME TUMORALI BENIGNE cisti ossea solitaria cisti ossea aneurismatica

Ogni linea cellulare origina neoformazione classificata istogeneticamente

I TUMORI OSSEI

Lesioni iperplastiche

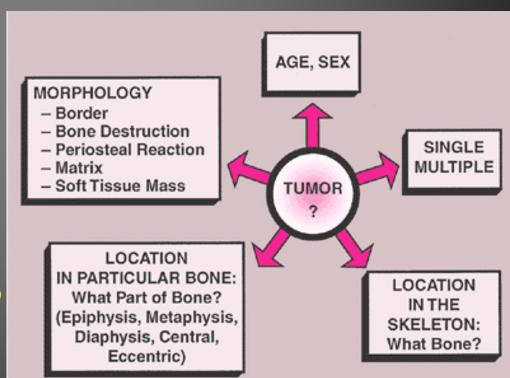
- ✓ Atteggiamento aggressivo
- ✓ Sintomatologia
- ✓ Dubbi di D,D.

CISTI OSSEE
CISTI ANEURISMATICA
ISTIOCITOSI X (Granuloma eosinofilo)

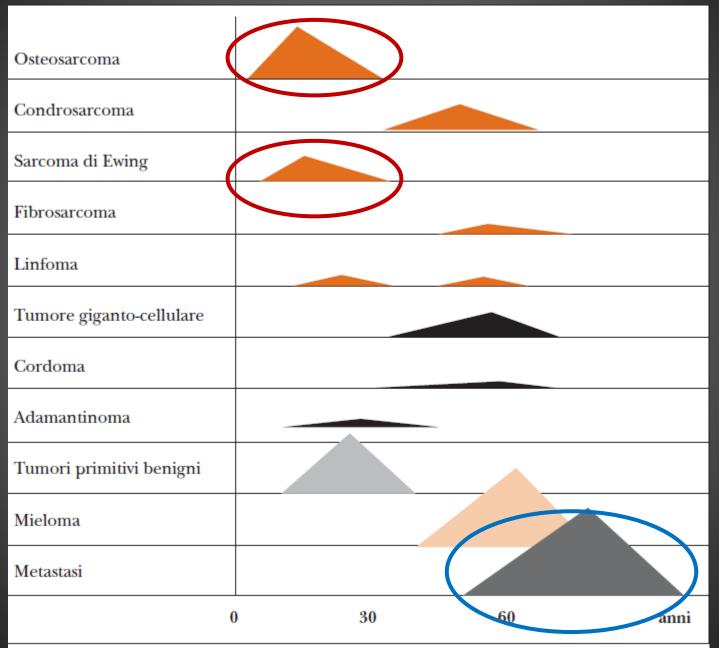
ITER DIAGNOSTICO

- 1. Indicazioni clinico-anamnestiche
- 2. Imaging (R.C.,TC,RM)
- 3. Esame isto-patologico (Gold standard)

- √ Sesso
- ✓ Età
- √ Sede
- ✓ Sintomatologia
- √ Caratteri del dolore
- ✓ Segni associati (febbre)
- ✓ Alterazioni di laboratorio
- ✓ Masse palpabili



ETA'

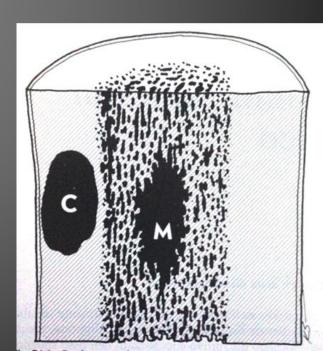


RUOLO DELL'IMAGING

- ✓ DETEZIONE DELLA LESIONE
- **✓** CARATTERIZZAZIONE
- ✓BILANCIO SPAZIALE

La Radiologia Convenzionale

- oCorticale
- Spongiosa (Lisi del 50% del volume interesse)
- RMNMedicina Nucleare



RADIOLOGIA CONVENZIONALE

- ✓ Panoramicità
- ✓ Sede lesione (epifisaria, metafisaria diafisaria)
- ✓ Corticale
- √ Sottocorticale
- √ Sottoperiostea
- ✓ Rapporti con la piastra di accrescimento

LIMITI DELLA R.C



CISTI OSSEA

CONDROBLASTOMA

META DA K RENE

RUOLO DELL'IMAGING

CARATTERI SEMEIOLOGICI

- Informazioni dell'Imaging
- Caratteristiche clinicoprognostiche

Codificare i reperti radiologici legati all'attività

Determining Growth Rates of Focal Lesions of Bone from Radiographs¹

Gwilym S. Lodwick, M.D., Anthony J. Wilson, M.D., Corinne Farrell, M.D., Pekka Virtama, M.D., and Frederick Dittrich, B.S.²

Rate of growth divides focal lesions of bone into two classes which are largely mutually exclusive. Not all focal lesions require biopsy, and grading is especially helpful in deciding which should be biopsied and which may be safely followed. The statistical proof and logic of grading as an expression of growth rate are presented with a set of rules establishing each of the five grades in the presence of bone destruction. The radiologic signs necessary to establish rates are described and illustrated.

INDEX TERMS: Bone neoplasms, diagnosis • (Skeletal system, error in diagnosis, 4[0].940) • (Skeletal system, fundamental observation, 4[0].910)

Radiology 134:577-583, March 1980

CRITERI DI CARATTERIZZAZIONE

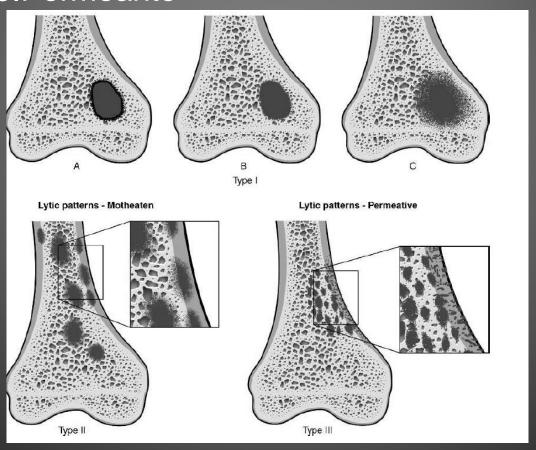
- √ Tipo di osteolisi
- ✓ Interfaccia reattiva
- ✓ Matrice
- ✓ Reazione periosteale
- √ Sede

OSTEOLISI

Non tumorale (su base meccanica)

Tumorale (tessuto neoformato)

- 1.Geografica
- 2.Tarlata
- 3.Permeante

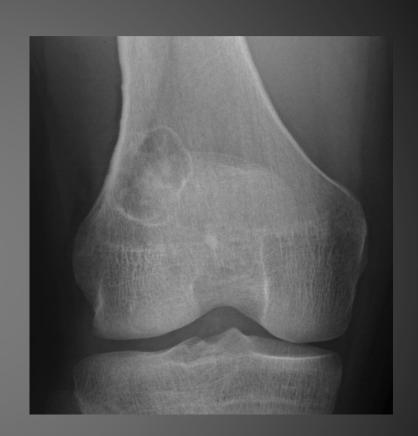


OSTEOLISI GEOGRAFICA



- ☐ Limiti netti
- ☐ Margini lisci
- ☐ Zona transizione scarsa
- ☐ Rima sclerotica presente

Pattern di limitata aggressività biologica



OSTEOLISI GEOGRAFICA

TIPO I A: zona di t TIPO I B: zona di t

TIPO I C:zona di t

Determining Grov

Gwilym S. Lodwick, M.

Rate of growth divides clusive. Not all focal which should be biops of grading as an expre of the five grades in the tablish rates are described.

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illy exciding d logic g each to es-

INDEX TERMS: Bone neoplasms, diagnosis • (Skeletal system, error in diagnosis, 4[0].940) • (Skeletal system, fundamental observation, 4[0].910)

Radiology 134:577-583, March 1980

OSTEOLISI TARLATA

□ Mag(

□Mino □Ampi

Picco

PATTE (malig





ıtologico

OS

- ■Multiple e m
- □Scarsa dem
- □Infiltra osso
- □Invade la cc
- canali di Have
- □ Impossibile
- ■Mal valutabi

ATTIVITA' BIC

RMEANTE

'dita ossea

canale midollare riostio attraverso

sso sano

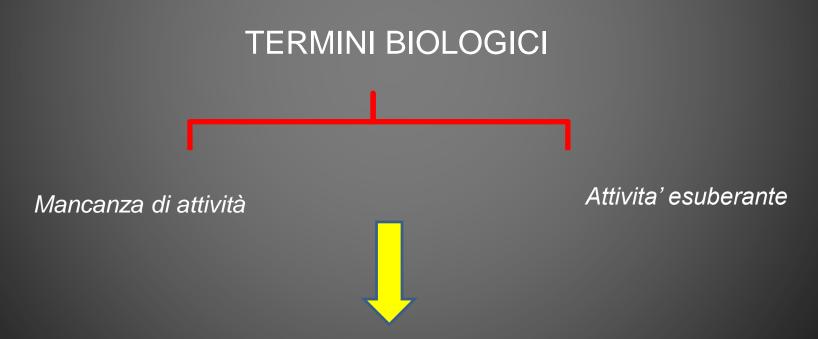
AGGRESSIVE)

CRITERI DI CARATTERIZZAZIONE

- ✓ Tipo di osteolisi
- ✓ Interfaccia reattiva
- ✓ Matrice
- ✓ Reazione periosteale
- √ Sede

INTERFACCIA REATTIVA

Confine fra margine della lesione e tessuto normale (tentativo di arginare la lesione)



Assente reazione dell'osso circostante (mancanza di orletto sclerotico)

INTERFACCIA REATTIVA





LIPOMA

- Non ha forza espansiva
- •L'interfaccia non è sollecitata
- Bordo sclerotico assente

- •SARCOMA
- Distruzione cellule ossee
- •X compressione o
- •x azione sostanza citotossiche
- Bordo sclerotico assente

PATTERN OSTEOLITICO

INTERFACCIA REATTIVA



GRADING RADIOLOGICO



PROGNOSI

MALIGNITA' E BENIGNITA (ESAME ISTOLOGICO)
ATTIVITA BIOLOGICA (RAPIDITA' CRESCITA E INTERFACCIA REATTIVA)

CRITERI DI CARATTERIZZAZIONE

- ✓ Tipo di osteolisi
- ✓ Interfaccia reattiva
- ✓ Matrice
 - ✓ Reazione periosteale
 - √ Sede

MATRICE TUMORALE

MATERIALE INTERCELLULARE DELLE CELLULE MESENCHIMALI

OSTEOBLASTI (M.Osteoide)

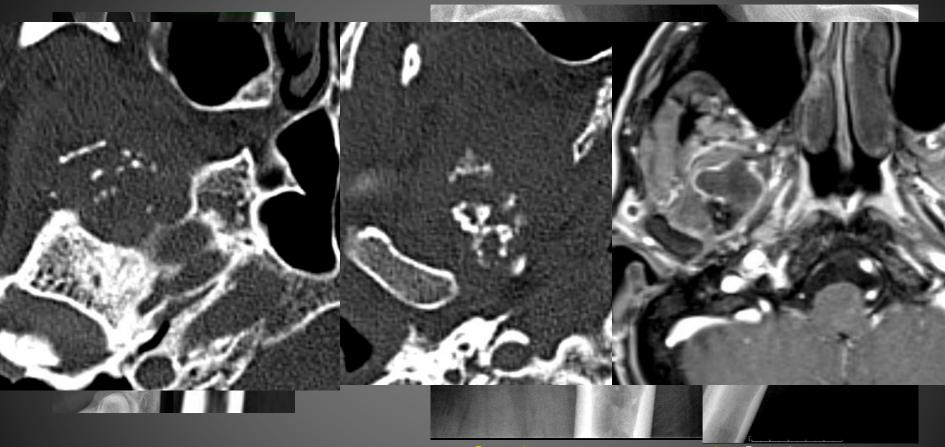
CELLULE CART. (M.Condroide)

FIBROBLASTI (M.Fibrosa)

<u>Tumori origine Condrogena</u> (Encondroma e Condrosarcoma calcificazione strutturate con aspetto ad anello o puntiformi disposte intorno ai lobuli cartilaginei)

Tu*mori origine Osteogena* (Osteosarcoma calcificazioni aspetto bizzaro e distrubuzione a zolle)

MATRICE CONDROIDE



Encondroma: calcificazioni confluenti

Condrosarcoma centrale Grado 1 con spot calcifici

MATRICE OSTEOIDE

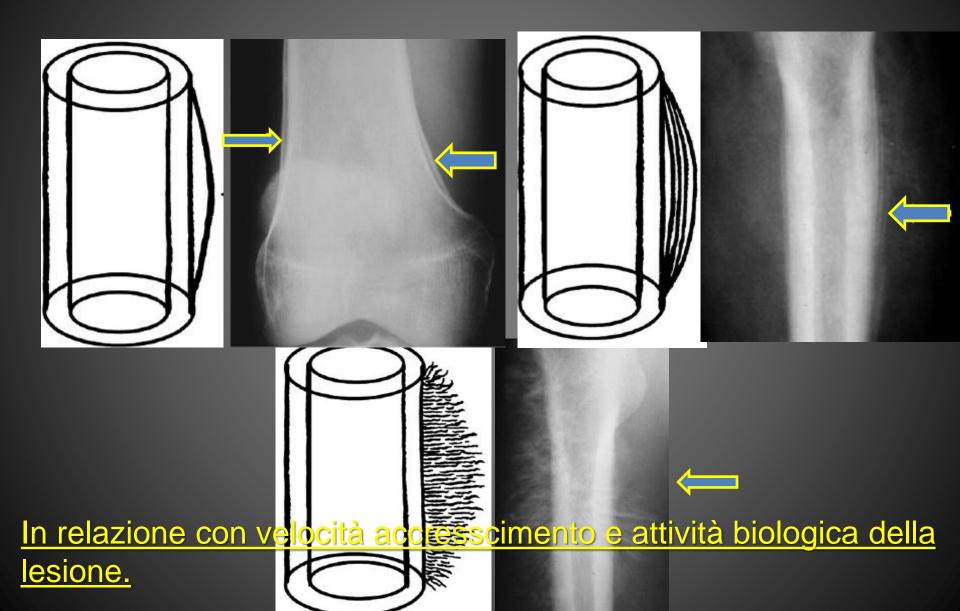


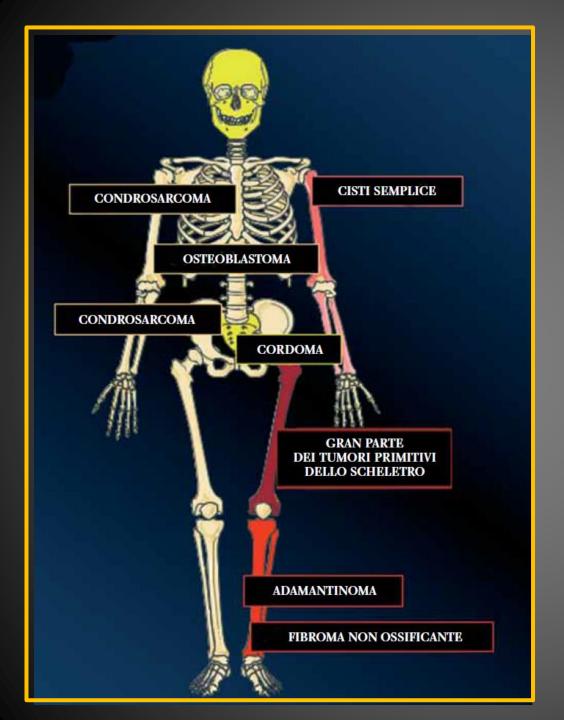
Osteosarcoma: matrice calcifica a elevata densità con aspetto ad avorio per la maturazione della Matrice osteoide

CRITERI DI CARATTERIZZAZIONE

- √ Tipo di osteolisi
- ✓ Interfaccia reattiva
- ✓ Matrice
- ✓ Reazione periosteale
 - √ Sede

MORFOLOGIA DELLA CORTICALE E REAZIONE PERIOSTEALE





Metafisi ossa lunghe

Femore Dist.

Prox Tibia

Perone Prox

Omero Prox

Dist. Radio

Ulna Prox

Cordoma Adamantinoma Diafisi tibiale

Osteoblastoma

Cisti solitaria

Condrosarcoma

Osteosarcoma

Sacro

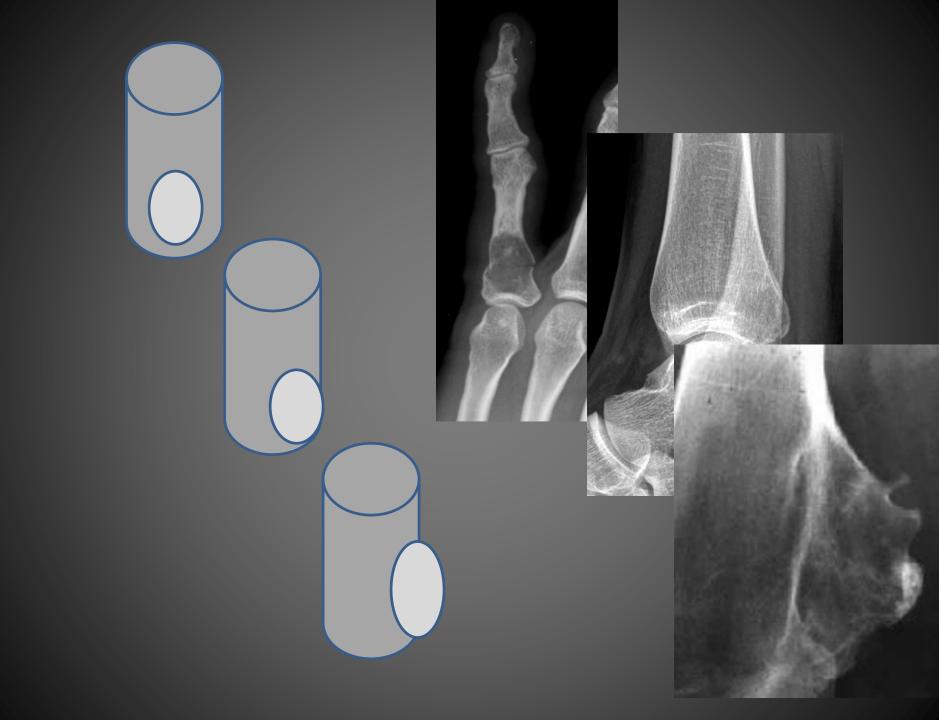
Fibroma non OS Metafisi dist tibia

Vertebre

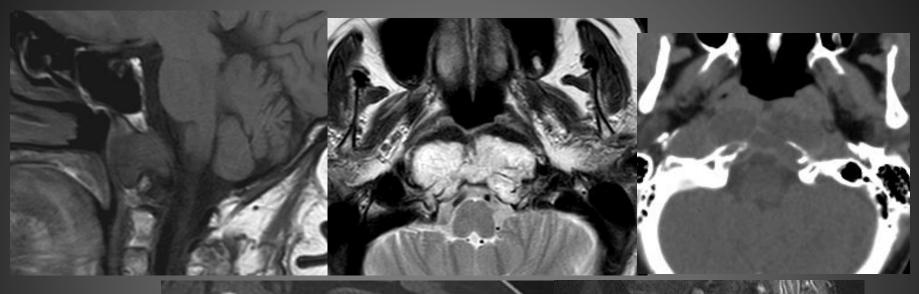
Omero prox

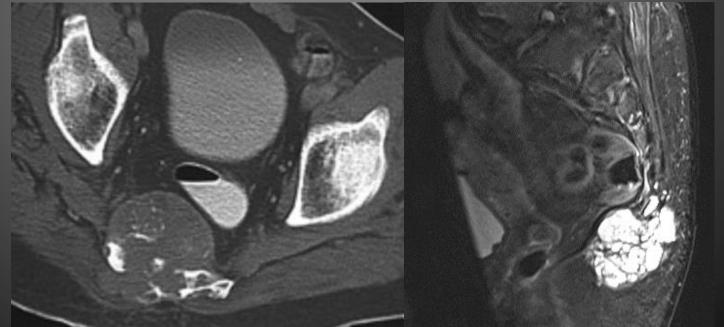
Osso iliaco

Arti



LA SEDE:IL CORDOMA





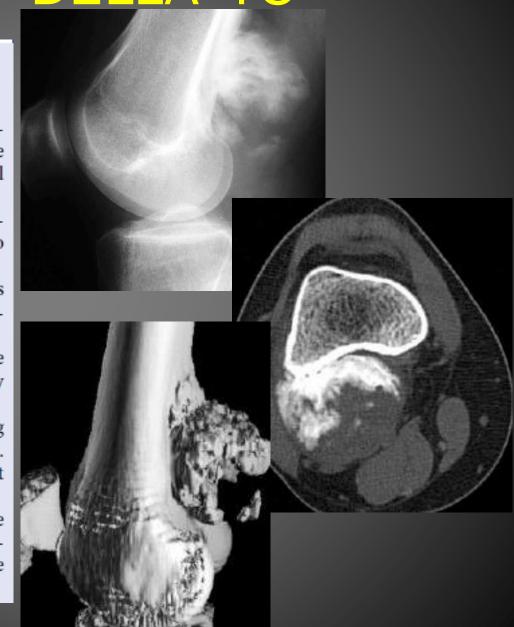
RUOLO DELL'IMAGING

- ✓ DETEZIONE DELLA LESIONE
- **✓** CARATTERIZZAZIONE
- ✓BILANCIO SPAZIALE

RUOLO DELLA TC

KEY POINTS

- Computed tomography (CT) is a high-radiation-dose examination, which should therefore be both justified and tailored to the clinical need.
- CT of solitary bone lesions may provide information on tumour mineralization difficult to identify on plain film or MR.
- Non-contrast-enhanced CT of the thorax is appropriate for staging of metastatic bone sarcoma.
- Whole-body CT in older patients should be considered where the "index" bone lesion may be a metastasis.
- CT with CT fluoroscopy is ideal for guiding bone biopsy and interventional procedures.
 Steps to minimize radiation dose are important for both the patient and operator.
- Ingenuity in patient positioning can produce high-quality scans of limb lesions (by removing unnecessary parts of the patient from the scan plane).



RUOLO DELLA TC





Condroblastoma

RUOLO DELLA RNM

The role of magnetic resonance imaging in the evaluation of bone tumours and tumour-like lesions

Duarte Nascimento • Guilherme Suchard • Maruan Hatem • Armando de Abreu

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Abstract

Bone tumours and tumour-like lesions are frequently encountered by radiologists. Although radiographs are the primary screening technique, magnetic resonance imaging (MRI) can help narrow the differential or make a specific diagnosis when a lesion is indeterminate or shows signs of aggressiveness. MRI can extend the diagnostic evaluation by demonstrating several tissue components. Even when a specific diagnosis cannot be made, the differential diagnosis can be narrowed. MRI is superior to the other imaging modalities in letecting bone marrow lesions and tumoral tissue (faint lytic/Aclerotic bone lesions can be difficult to visualise using only adiographs). Contrast-enhanced MRI can reveal the most vascularised parts of the tumour and MRI guidance makes it possible to avoid biopsing necrotic areas. MRI is very helpful

the high quality of MRI, there are a few pitfalls and limitations of which one should be aware. Applications of MRI in bone tumours will probably continue to grow as new sequences are further studied.

Teaching Points

- When a lesion is indeterminate or shows signs of aggressiveness, MRI is indicated.
- · When MRI does not lead to a diagnosis, biopsy is indicated.
- MRI is superior to the other imaging modalities in detecting bone marrow lesions.
- MRI is very helpful in local staging and surgical planning.
- MRI is used in assessing the response to neoadjuvant therapy, restaging and post-therapeutic follow-up.



European Journal of Radiology

journal homepage: www.elsevier.com/locate/ejrad



Study of single voxel ¹H MR spectroscopy of bone tumors: Differentiation of benign from malignant tumors

Jing Zhanga, Kebin Chenga, Yi Dingb, Wei Lianga, Yi Dingc, Daniel Vaneld, Xiaoguang Chenga,*

ARTICLE INFO

Keywords: Bone tumor Proton magnetic resonance spectroscopy Single voxel spectroscopy

ABSTRACT

Objective: To evaluate the clinical application of single voxel ¹H MRS in the discrimination of benign and malignant bone tumors.

Materials and methods: Eighty-three patients (64 male, 19 female), presenting with a bone tumor, were examined on a 1.5 T MRI scanner. Using pathological results as a gold standard, there were 34 benign and 49 malignant tumors. After plain MRI scans, a 3D fast SPGR sequence was used for dynamic contrastenhanced scanning. Dynamic images were transferred to the workstation, where the region of maximal enhancement was identified for prescription of the 1 H MRS sequence. Single-voxel 1 H MRS was then performed with the probe-p sequence, TR/TE = 1500/110 ms, VOI ranging from 14.4 mm \times 7.3 mm \times 20.2 mm to 27.9 mm \times 25.5 mm \times 20.1 mm, automatic shimming and water suppression, 15 min post-contrast. For control purposes, the 3rd lumbar spine vertebral body of six patients having lumbar disc herniation (LDH) without systemic disease was examined with 1 H MRS of normal bone marrow. The static contrast enhancement scan was used for these LDH patients. Conversion of raw MR signal to an MR spectrum was performed using SAGE 7. Cho/Lip (choline/lipids) peak height ratios were calculated. ROC curve analysis was used to determine the cut-off of Cho/Lip ratio for discrimination.

Results: For malignant tumors, one resonance at 3.30–3.19 ppm attributed to choline and another at 1.14–1.55 ppm attributed to lipid were detected. With normal bone marrow and most benign tumors, no choline signal was detected. Choline was only found in six benign lesions. With a threshold for Cho/Lip peak height ratio of 0.2, the area under ROC curve was 0.819. The corresponding sensitivity and specificity of ¹H MRS were 76% and 88%.

Conclusions: Single voxel ¹H MRS can help in discriminating benign and malignant bone tumors.

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d Rizzoli Institute, Bologna, Italy

RUOLO DELLA RNM





METASTASI OSSEE - CLINICA

Il primo sintomo delle lesioni ossee è di norma il dolore

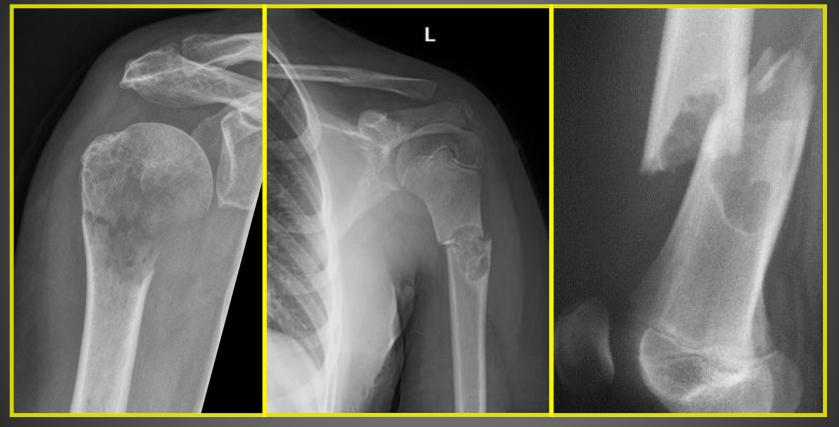
- Presente nel 28-45% dei Pz con neoplasia e nel 70% di quelli in fase avanzata
- Inizialmente sporadico poi progressivamente invalidante
- Tende a peggiorare di notte
- Il dolore improvviso e di intensità elevata è accompagnato a <u>frattura patologica</u>
- Coste (anche dopo un colpo di tosse)
- Ossa lunghe
- Corpo vertebrale (generalmente non dolorose)

LE FRATTURE PATOLOGICHE

- Nella maggior parte dei casi secondarie a diffusione ematogena
- Rara l'invasione per contiguità
- Prevalentemente osteolitiche per attivazione osteoclastica
- K mammella → metastasi miste prevalentemente osteolitiche
- K prostata → metastasi osteoaddensanti

RADIOGRAFIA CONVENZIONALE

Le fratture patologiche



- Spontanee, avvengono anche in assenza di trauma
- Compaiono nel 8-30% dei pazienti

METASTASI OSSEE

Mammella	65-75%
Prostata	65-75%
Tiroide	60%
Vescica	40%
Polmone	30-40%
Rene	20-25%
Melanoma	14-45%

		Mammella	Polmone	Prostata
	Teca	28%	16%	14%
	Coste	59%	65%	50%
	Colonna	60%	43%	60%
	Pelvi	38%	25%	57%
	Ossa lunghe	32%	27%	38%

METODICHE DI IMAGING

	Corticale ossea	Trabecole ossee	Midollo osseo	tumore	Metabolismo osseo	Metabolismo tumorale (glucosio)
RX	X	X				
СТ	X	X	X	X		
MRI			X	X		
Scinti SPECT					X	
PET					X	X
PET-TC	x	x	x	x	x	X
	Aspetto osseo		Aspetto tumorale		Aspetto metabolico	

RADIOGRAFIA CONVENZIONALE





.....circa il 40% delle lesioni sono misconosciute con incremento del falsi neg

TOMOGRAFIA COMPUTERIZZATA

- Elevata risoluzione spaziale
- Indagine di secondo livello
- Imaging multiplanare
- Software di ricostruzione dedicato
- Utile nel bilancio di estensione
- Guida bioptica





TOMOGRAFIA COMPUTERIZZATA

Radiol med (2014) 119:852-860 DOI 10.1007/s11547-014-0401-4

DIAGNOSTIC IMAGING IN ONCOLOGY

Ct-guided bone biopsy in cancer patients with suspected bone metastases: retrospective review of 308 procedures

Lorenzo Monfardini · Lorenzo Preda · Gaetano Aurilio · Stefania Rizzo · Vincenzo Bagnardi · Giuseppe Renne · Sara Maccagnoni · Paolo Della Vigna · Disalvatore Davide · Massimo Bellomi

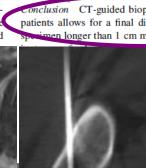
Received: 15 October 2013/Accepted: 27 January 2014/Published online: 4 April 2014 © Italian Society of Medical Radiology 2014

Abstract

Purpose The authors assessed the adequacy and sensitivity of CT-guided bone biopsy in 308 procedures performed in 286 cancer patients with suspected bone metastases.

Materials and methods An electronic search of our CTguided bone biopsy database was retrospectively performed to evaluate the adequacy of samples and, in the event of negative samples, whether the patients had

radiologi tive). Ac with ra length ar associati Results quate. F were fol



of biopsy in 10 cases (false-negative cases); overall sensitivity was 96.7 %. Specimen length was significantly correlated to the probability of an adequate biopsy (p = 0.035)and inversely correlated to the probability to obtain a falsenegative result (p = 0.02). We encountered 11/308 (3.5 %) minor compliantions and no major compl

conclusion CT-guided biopsy of bone lesions in cancer patients allows for a final diagnosis in 94 % of cases. A specimen longer than 1 cm may lead to a significant resu

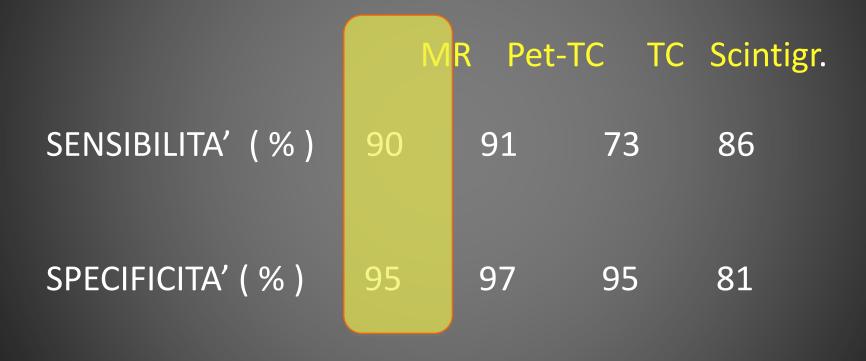
piopsies agnetic should

ents

RISONANZA MAGNETICA

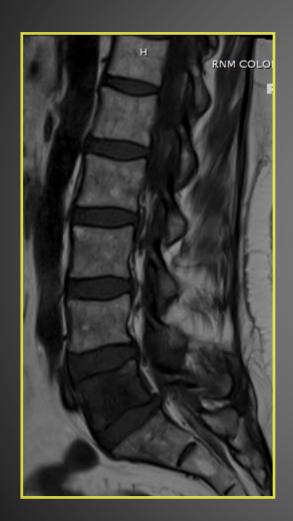
- ELEVATA SENSIBILITA'
- RISOLUZIONE DI CONTRASTO
- IMAGING MULTIPLANARE
- VALUTAZIONE MULTIPARAMETRICA
- PANORAMICITA'

RISONANZA MAGNETICA



Dtsch Arztebl Int oct. 2014 Heindel W.

RM - MULTIPARAMETRICITA'

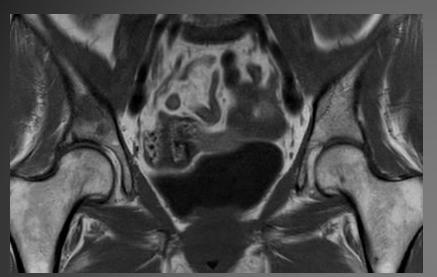




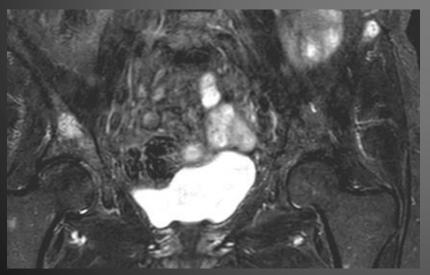


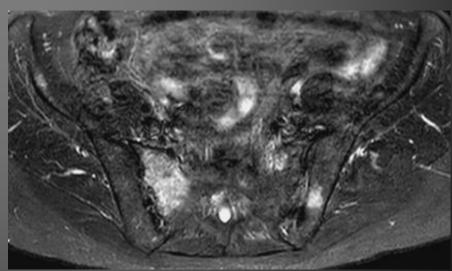
T1 STIR MDC

RM - MULTIPLANARIETA'

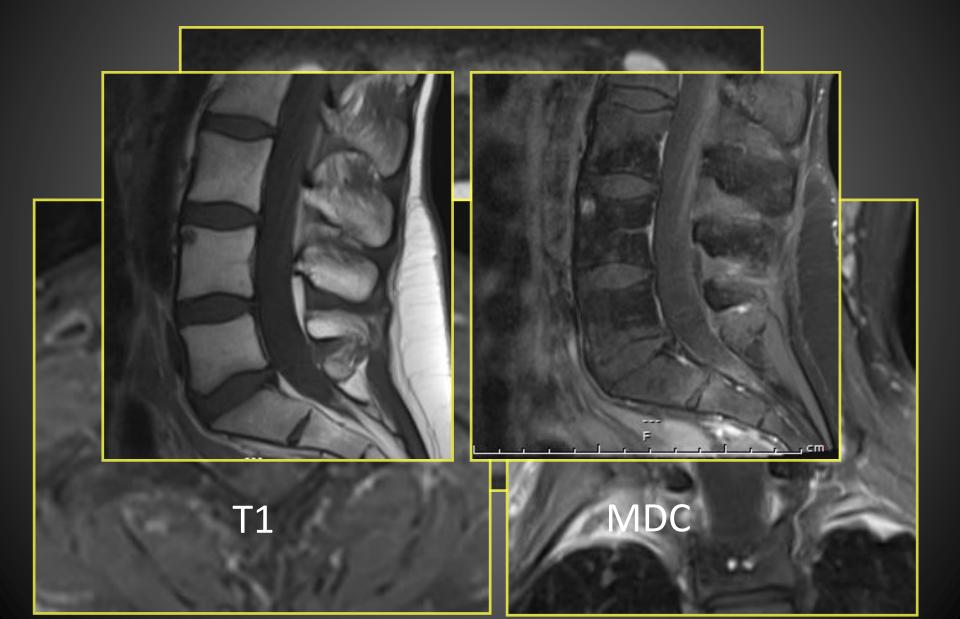








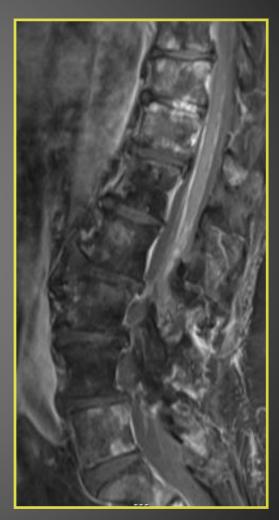
LESIONE SINGOLA



LESIONI MULTIPLE







T1

STIR

MDC

RISONANZA MAGNETICA

Accuratezza diagnostica elevata

- •Elevata frequenza di metastasi extra-assiali -> valutazione panoramica
- •Tempi di acquisizione e costi elevati per la RM Convenzionale

•SVILUPPO TECNOLOGICO --> RM WHOLE BODY IMAGING

- Sequenze T1,STIR e DWI sul piano coronale e sagittale per il rachide
- •Sincronizzazione respiro ,elevato FOV. No mdc e.v.
- •Utilizzo di software dedicati per la rivisitazione alla work station.

Current Concepts in Whole-Body Imaging Using Turbo Short Tau Inversion Recovery MR Imaging

G. Hargaden¹, M. O'Connell¹, E. Kavanagh¹, T. Powell¹, R. Ward¹, S. Eustace^{1,2}

evelopments in pulse sequence design, localizing gradients, and synchronized tabletop movement allow rapid whole-body MR imaging. In this pictorial essay, we outline the current technique and both the accepted and the evolving applications of whole-body turbo short tau inversion recovery (STIR) MR imaging.

Basic Technique

Without a Moving Tabletop

Total body coverage is yielded by four contiguous coronal acquisitions, each performed using turbo STIR tissue excitation and the following parameters: TR range/TE effective, 2000–4000/40; inversion time at 1.5 T, 160 msec; echo-train length, 6; and field of view, 45 cm. The TR that was selected depended on the amount of coverage required. These parameters allow the acquisition of 24 slices that allow coverage from anterior to posterior with contiguous 8-mm-thick slices in most adults in 4-min increments for each coronal station. Using respiratory triggering during the acquisition of images of the thorax and abdomen increases the acquisition time at these sites.

Coronal scans of the head, neck, and thorax are acquired with the patient in the head-first position, whereas coronal scans of the abdomen, pelvis, and lower extremities are acquired with the patient in the feet-first position. The need to reposition the patient from the

Fig. 1.—Healthy 32-year-old male volunteer. Contiguous coronal MR images were obtained using moving tabletop and tabletop extender to show normal skeleton and viscera.

The evolving role of MRI in oncohaematological disorders

Il ruolo della RM nelle malattie oncoematologiche

O. Tamburrini¹ • M.A. Cova² • D. Console¹ • P. Martingano²

¹UO di Radiologia, Università "Magna Graecia" di Catanzaro, Campus di Germaneto, Viale Europa, I-88100 Catanzaro, Italy ²UCO di Radiologia, Università di Trieste, Ospedale di Cattinara, Strada di Fiume 447, I-34149 Trieste, Italy Correspondence to: O. Tamburrini, Tel.: +39-961-3647284, Fax: +39-961-3647395, e-mail: tamburrini@unicz.it

Received: 15 September 2006 / Accepted: 15 November 2006 / Published online: 23 July 2007

Abstract

Magnetic resonance imaging (MRI) has opened new possibilities to current diagnostic radiology in the evaluation of bone marrow. Compared with other imaging modalities, MRI is the only technique able to directly visualise bone marrow with its different components of red and yellow marrow. Other advantages of MRI are high-contrast resolution and multiplanar view, as well as extensive coverage of the skeleton with whole-body MRI (WBMRI). However, specificity of signal alterations of bone marrow is low. Therefore, MRI findings need to be integrated with clinical and laboratory findings as well as with haematological and oncological evaluation. MRI provides information that effectively aids diagnosis, staging and follow-up of various bone marrow disorders. There is increasing interest in the capabilities of MRI in the evaluation of bone marrow, in particular of haematological malignancies. According to some authors much work remains to be done to improve sensitivity and specificity of MRI in order to define the real clinical value of this imaging modality in the multidisciplinary management of patients with a haematological malignancy. This article presents recent developments and perspectives in the use of MRI in oncohaematological diseases.

Riassunto

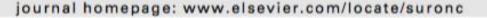
La risonanza magnetica (RM) ha aperto nuove possibilità alla radiologia diagnostica per la valutazione del midollo osseo. A differenza delle altre modalità di imaging, la RM è la sola tecnica capace di visualizzare direttamente il midollo osseo, nelle sue componenti di midollo rosso e giallo. Altri vantaggi della RM sono rappresentati dall'elevata risoluzione di contrasto e dalla visione multiplanare, assieme ad un'ampia copertura dello scheletro, fino alla RM "whole body" (WBMRI). Tuttavia la specificità delle alterazioni di segnale è bassa, perciò i reperti di RM devono essere integrati con la clinica e i risultati di laboratorio assieme alla valutazione ematologica ed oncologica. La RM fornisce informazioni che aiutano la diagnosi, lo staging ed il follow-up di diverse malattie del midollo osseo. Vi è un crescente interesse per la capacità della RM di valutare il midollo osseo, particolarmente nelle neoplasie ematologiche. Secondo alcuni autori "molto lavoro deve ancora essere fatto" per migliorare la sensibilità e la specificità della RM e per definire il reale valore clinico di questa modalità di imaging nella gestione multidisciplinare del paziente con una neoplasia ematologica. Questo articolo presenta i recenti sviluppi e le prospettive nell'uso della RM nelle patologie oncoematologiche.

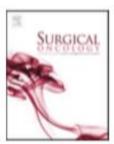
Key words Haematology • Bone marrow • Magnetic resonance



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Review

Comparison of whole-body MRI and skeletal scintigraphy for detection of bone metastatic tumors: A meta-analysis



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Keywords: Whole-body MRI Skeletal scintigraphy Malignant tumors Bone metastases

ABSTRACT

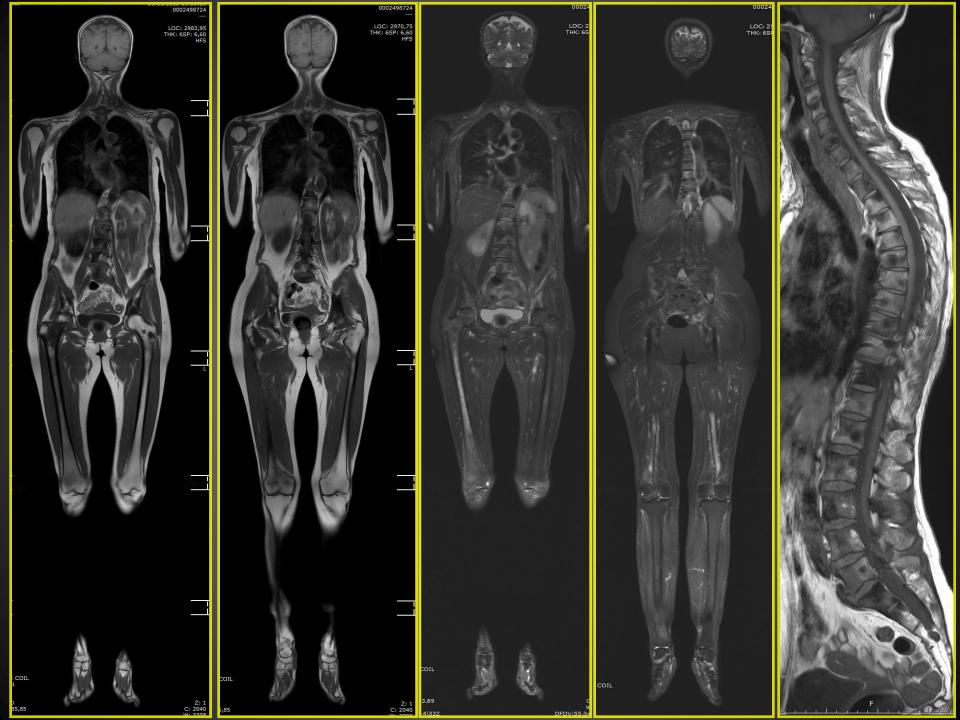
Purpose: We performed a meta-analysis to investigate and compare diagnostic performance of wholebody MRI and skeletal scintigraphy for detection of bone metastatic tumors.

Materials and methods: PubMed and Embase were searched for relevant articles. We calculated sensitivities, specificities, diagnostic odds ratios (DOR), positive likelihood ratios (PLR), negative likelihood ratios (NLR), and constructed summary receiver operating characteristic curves using bivariate models for whole-body MRI and skeletal scintigraphy, respectively.

Results: Across 7 studies (332 patients), whole-body MRI have similar patient-based sensitivity (0.84 vs 0.83), specificity (0.96 vs 0.94), DOR (137.0 vs 70.2), PLR (23.3 vs 13.0) and NLR (0.17 vs 0.19) with skeletal scintigraphy. Area under curves for whole-body MRI and skeletal scintigraphy was 0.94 and 0.89, respectively.

Conclusion: Both whole-body MRI and skeletal scintigraphy have good diagnostic performance for detecting bone metastatic tumors. It remains inconclusive whether whole-body MRI or bone scintigraphy is superior in detecting bone metastatic tumors.

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MAJOR PAPER

Whole-body MRI for Detecting Metastatic Bone Tumor: Diagnostic Value of Diffusion-weighted Images

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Purpose: We assessed the diagnostic value of whole body magnetic resonance (MR) imaging (WB-MRI) using diffusion-weighted images (DWI) for detecting bone metastasis and compared it with that of skeletal scintigraphy (SS).

Materials and Methods: Thirty patients with malignancies (breast cancer, 17 patients; prostate cancer, 9; and one patient each, thyroid cancer, liposarcoma, leiomyosarcoma, and extraskeletal Ewing sarcoma) underwent both WB-MRI and SS to detect bone metastasis. All patients were followed more than 6 months by MR imaging, SS, or computed tomographic (CT) examination. For WB-MRI, patients were placed in feet-first supine position with table-top extender and quadrature body coil.

We acquired DWI (axial plane from lower neck to proximal femur) (single shot short TI inversion-recovery [STIR]: repetition time [TR] 6243/echo time [TE] 59/inversion time [TI] 180 ms; b value: 600 s/mm²; 5-mm slice thickness; 112 × 112 matrix), T₁-weighted fast spin echo (T₁WI), and STIR (sagittal plane of total spine images and coronal plane of whole body images) images.

Four blinded readers independently and separately interpreted images of combined MR sequences of $T_1WI + STIR$ (session 1) and $T_1WI + STIR + DWI$ (session 2).

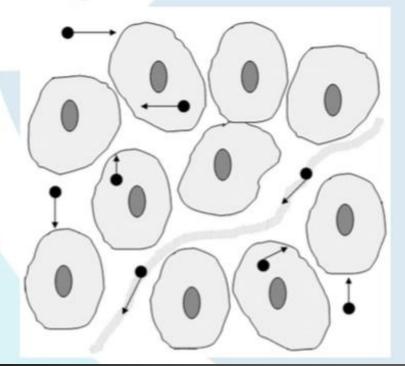
Results: In 10 of 30 patients, we detected a total of 52 metastatic bone lesions; in the other 20, follow-up examinations confirmed no metastatic bone lesions.

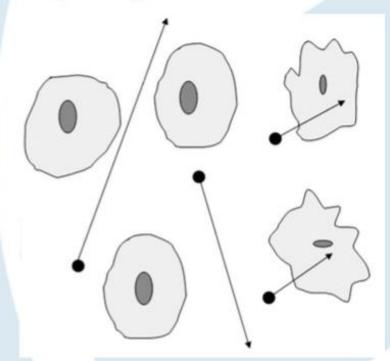
For these 52 lesions, for session 2, the mean sensitivity was 96% and the positive predictive value (PPV) was 98%. Those values were superior to those of session 1 (sensitivity: 88%; PPV: 95%) and those of SS (sensitivity: 96%; PPV: 94%).

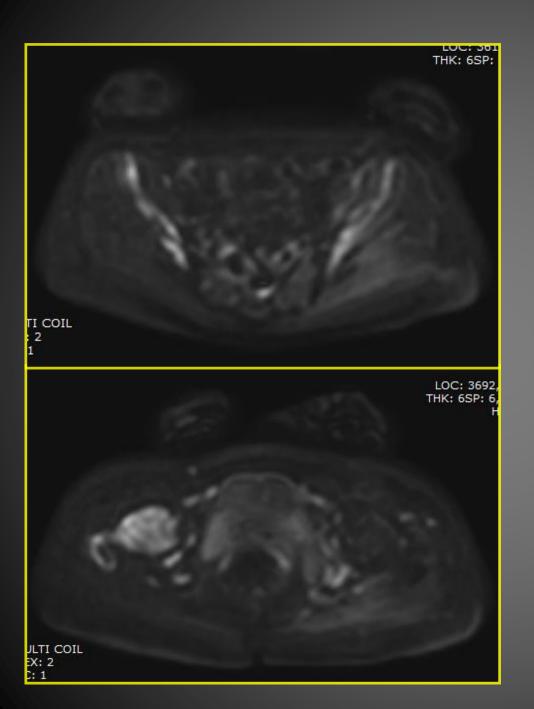
Conclusion: WB-MRI that included DWI was useful for detecting bone metastasis.

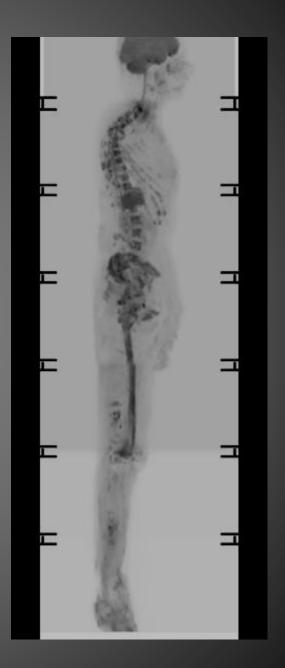
Keywords: bone metastasis, diffusion-weighted images, whole-body MRI

- Diffusion Weighted Imaging (DWI)
 - Tumore maligno elevata cellularità restrizione della diffusione protonica – misurazione quantitativa della diffusione (ADC)









CONCLUSIONI

La scintigrafia ossea rappresenta l'esame di prima scelta nella ricerca delle lesioni ossee.

La radiografia tradizionale ha ancora un suo ruolo nella valutazione dei rischi di frattura delle ossa lunghe.

La TC è un esame semplice e veloce da effettuare e permette uno studio più accurato delle coste e delle ossa compatte.

La MRI ha mostrato di avere altissima sensibilità e specificità e rappresenta il "gold standard" per lo studio di colonna vertebrale, ossa lunghe e bacino. In fase di sperimentazione la MRI whole-body