

# La chemioterapia dose-dense: quale ruolo nella pratica clinica?

**Lucia Del Mastro**

**SS Sviluppo Terapie Innovative**

**Verona 21 marzo 2014**

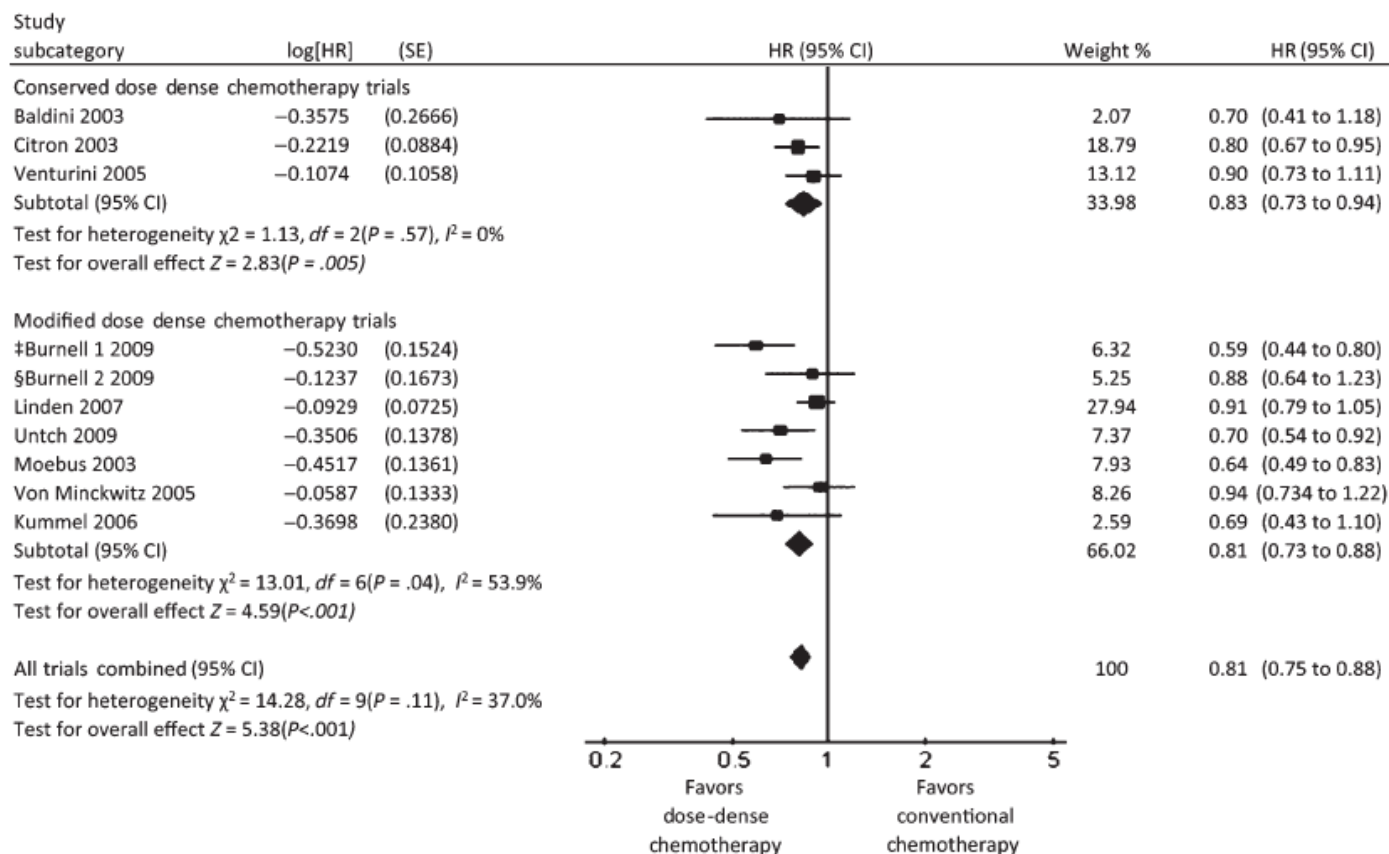


*IRCCS Azienda Ospedaliera Universitaria San Martino – IST  
Istituto Nazionale per la Ricerca sul Cancro*

# Dose-Dense Chemotherapy in Nonmetastatic Breast Cancer: A Systematic Review and Meta-analysis of Randomized Controlled Trials

Luisa Bonilla, Irit Ben-Aharon, Liat Vidal, Anat Gafter-Gvili, Leonard Leibovici, Salomon M. Stemmer

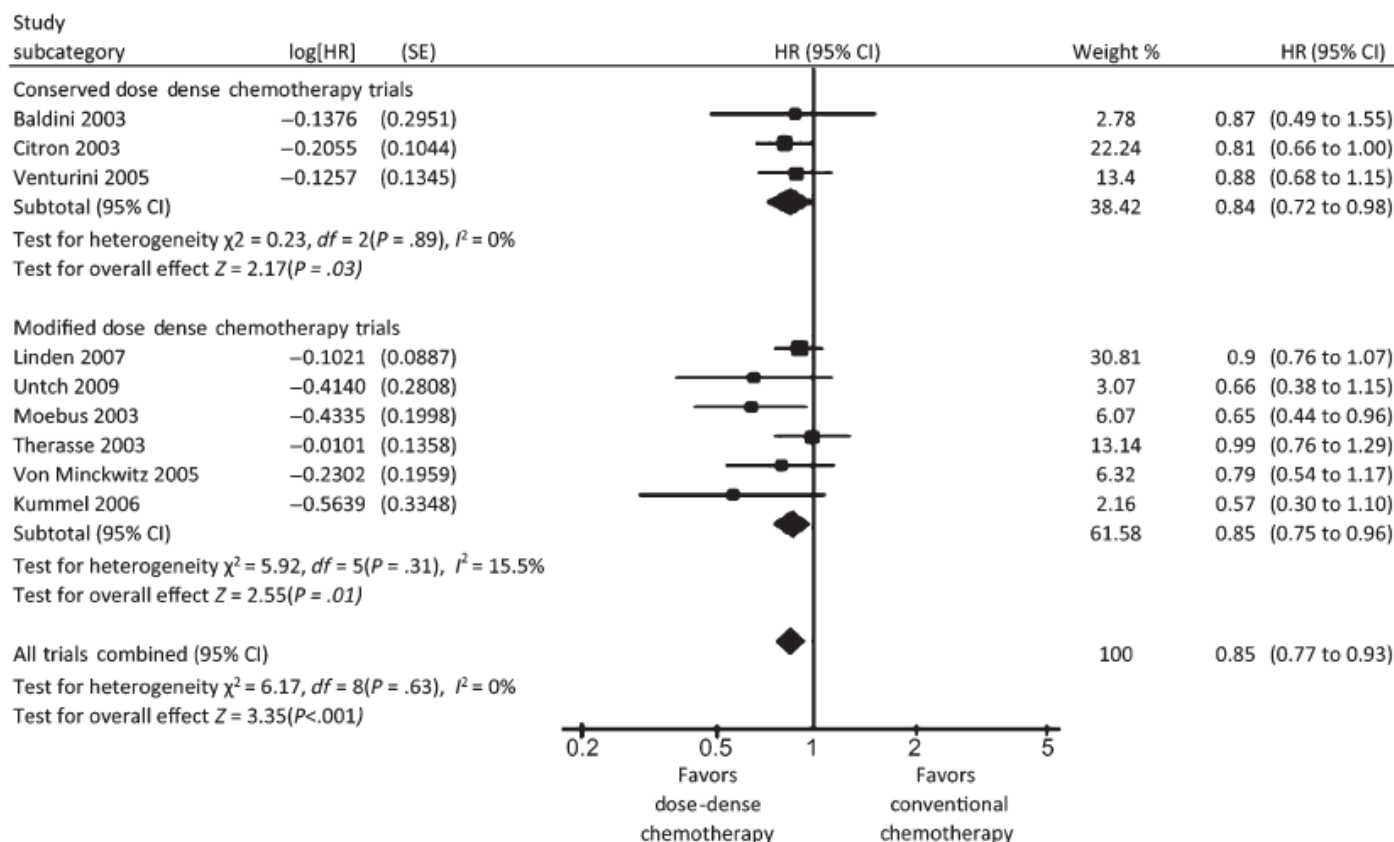
## DFS



# Dose-Dense Chemotherapy in Nonmetastatic Breast Cancer: A Systematic Review and Meta-analysis of Randomized Controlled Trials

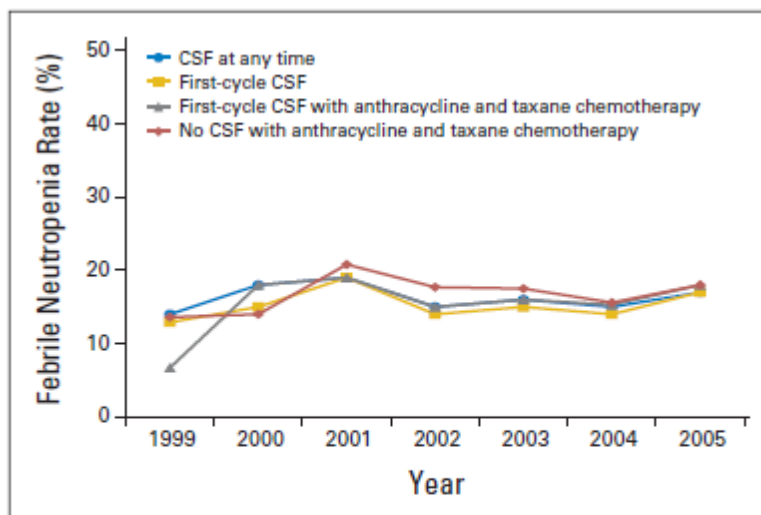
Luisa Bonilla, Irit Ben-Aharon, Liat Vidal, Anat Gafter-Gvili, Leonard Leibovici, Salomon M. Stemmer

## Overall survival

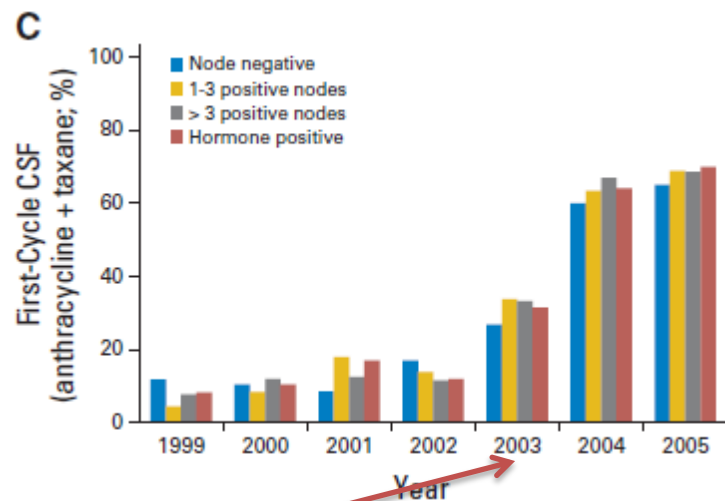


## Uptake and Economic Impact of First-Cycle Colony-Stimulating Factor Use During Adjuvant Treatment of Breast Cancer

Dawn L. Hershman, Elizabeth T. Wilde, Jason D. Wright, Donna L. Buono, Kevin Kalinsky, Jennifer L. Malin, and Alfred I. Neugut



**Fig 4.** Febrile neutropenia rates over time with colony-stimulating factor (CSF) use at any time during adjuvant chemotherapy, with the first cycle of any adjuvant chemotherapy, with the first cycle of combination anthracycline and taxane chemotherapy, and without CSF.



2002 ASCO meeting presentation and 2003 publication of INT9741 trial, showing a benefit of dose-dense CT at 2-year follow up

NEOADJUVANT/ADJUVANT CHEMOTHERAPY<sup>1,2,3,4</sup>

Regimens for HER2-negative disease (all category 1<sup>5</sup>)

Preferred regimens:

- Dose-dense AC (doxorubicin/cyclophosphamide) followed by paclitaxel every 2 weeks
- Dose-dense AC (doxorubicin/cyclophosphamide) followed by weekly paclitaxel
- TC (docetaxel and cyclophosphamide)

Other regimens:

- Dose-dense AC (doxorubicin/cyclophosphamide)
- FAC/CAF (fluorouracil/doxorubicin/cyclophosphamide)
- FEC/CEF (cyclophosphamide/epirubicin/fluorouracil)
- CMF (cyclophosphamide/methotrexate/fluorouracil)
- AC followed by docetaxel every 3 weeks
- AC followed by weekly paclitaxel
- EC (epirubicin/cyclophosphamide)
- FEC/CEF followed by T  
(fluorouracil/epirubicin/cyclophosphamide followed by docetaxel) or  
(fluorouracil/epirubicin/cyclophosphamide followed by weekly paclitaxel)
- FAC followed by T  
(fluorouracil/doxorubicin/cyclophosphamide followed by weekly  
paclitaxel)
- TAC (docetaxel/doxorubicin/cyclophosphamide)

Regimens for HER2-positive disease<sup>6,7,8</sup>

Preferred regimens:

- AC followed by T + trastuzumab ± pertuzumab<sup>9</sup>  
(doxorubicin/cyclophosphamide followed by paclitaxel plus  
trastuzumab ± pertuzumab, various schedules)
- TCH (docetaxel/carboplatin/trastuzumab) ± pertuzumab

Other regimens:

- AC followed by docetaxel + trastuzumab ± pertuzumab<sup>9</sup>
- FEC followed by docetaxel + trastuzumab + pertuzumab<sup>9</sup>
- FEC followed by paclitaxel + trastuzumab + pertuzumab<sup>9</sup>
- Pertuzumab + trastuzumab + docetaxel followed by FEC<sup>9</sup>
- Pertuzumab + trastuzumab + paclitaxel followed by FEC<sup>9</sup>

# Adjuvant dose-dense chemotherapy

	Indicazioni
ESMO <sup>1</sup>	La CT dose-dense deve essere considerata nei tumori ad alta attività proliferativa
AIOM <sup>2</sup>	La CT dose-dense non trova indicazione al di fuori di studi clinici

1

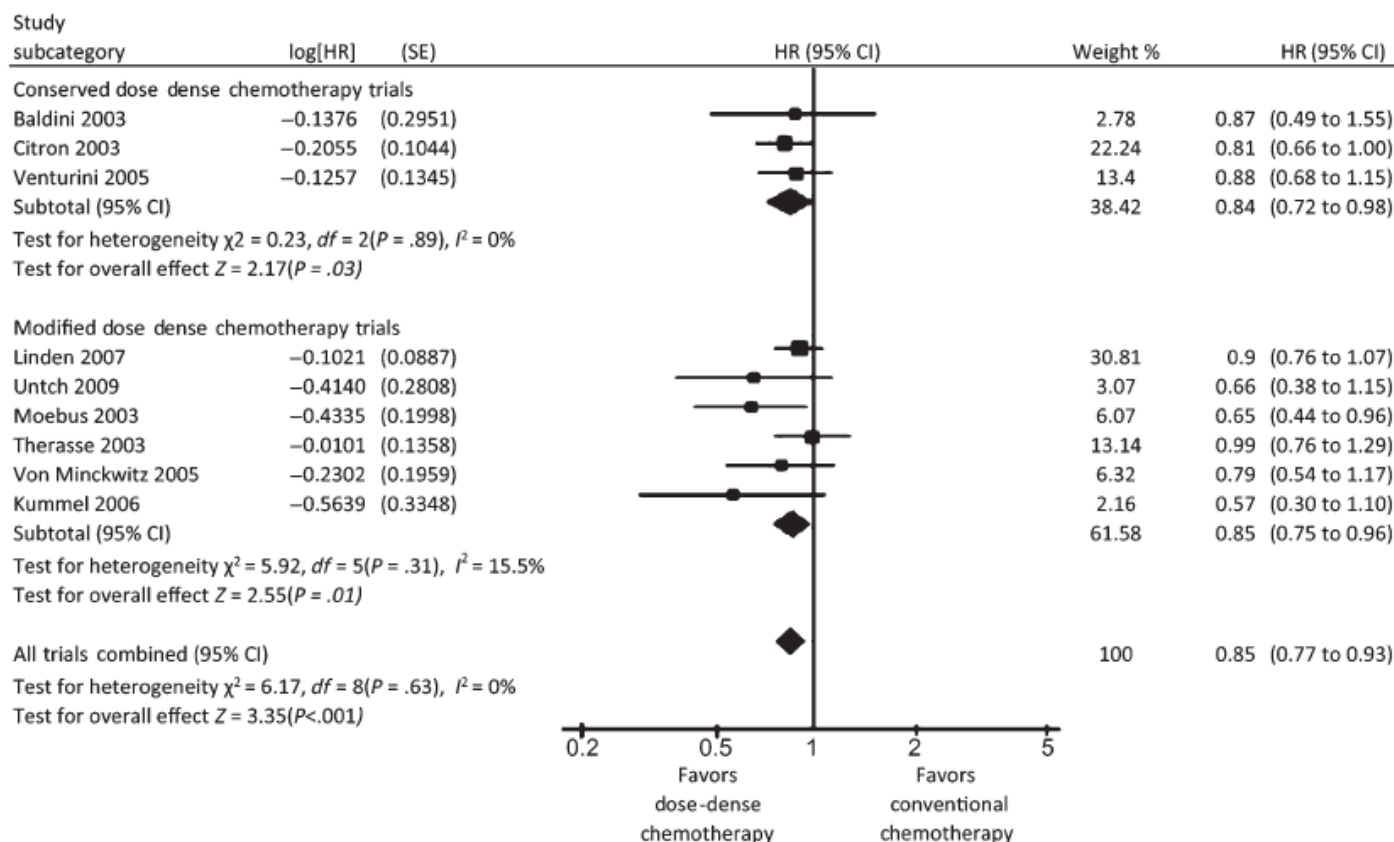
2012 ESMO GUIDELINES

2  AIOM

# Dose-Dense Chemotherapy in Nonmetastatic Breast Cancer: A Systematic Review and Meta-analysis of Randomized Controlled Trials

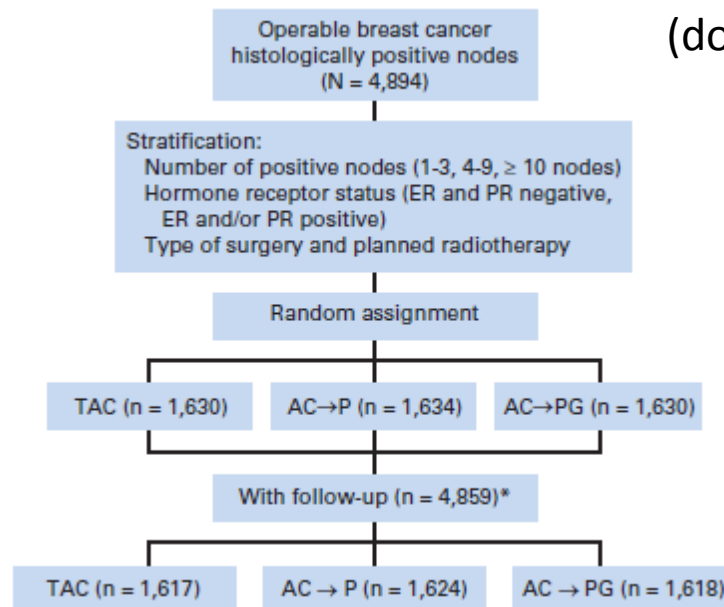
Luisa Bonilla, Irit Ben-Aharon, Liat Vidal, Anat Gafter-Gvili, Leonard Leibovici, Salomon M. Stemmer

## Overall survival



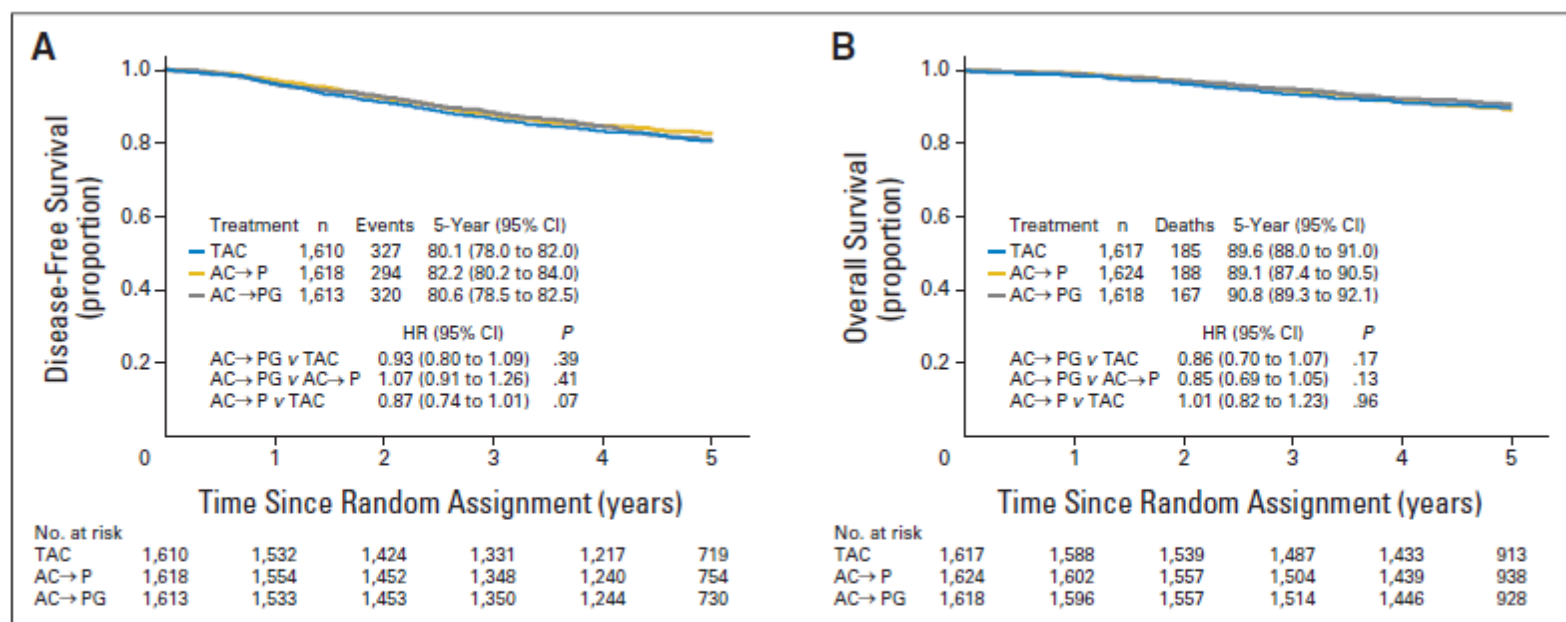
## Definitive Results of a Phase III Adjuvant Trial Comparing Three Chemotherapy Regimens in Women With Operable, Node-Positive Breast Cancer: The NSABP B-38 Trial

AC→P and AC→PG every 2 wks  
(dose-dense)





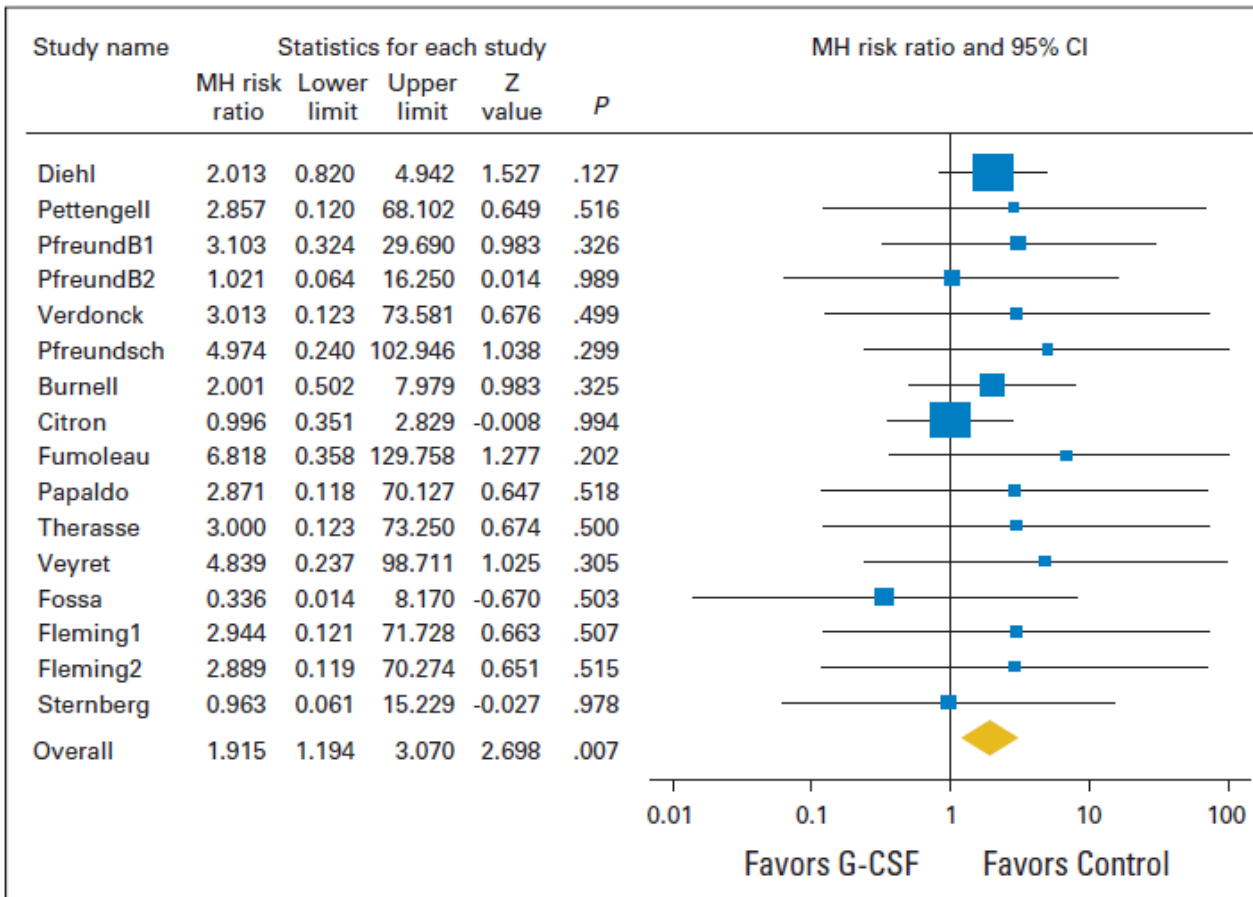
## Definitive Results of a Phase III Adjuvant Trial Comparing Three Chemotherapy Regimens in Women With Operable, Node-Positive Breast Cancer: The NSABP B-38 Trial



**Fig 2.** Disease-free survival and overall survival in National Surgical Adjuvant Breast and Bowel Project B-38 trial. Results of Kaplan-Meier analyses for (A) disease-free survival and for (B) overall survival across all three treatment arms. AC→P, doxorubicin and cyclophosphamide followed by paclitaxel; AC→PG, doxorubicin and cyclophosphamide followed by paclitaxel and gemcitabine; HR, hazard ratio; TAC, docetaxel, doxorubicin, and cyclophosphamide.

## Acute Myeloid Leukemia or Myelodysplastic Syndrome in Randomized Controlled Clinical Trials of Cancer Chemotherapy With Granulocyte Colony-Stimulating Factor: A Systematic Review

Gary H. Lyman, David C. Dale, Debra A. Wolff, Eva Culaikova, Marek S. Poniewierski, Nicole M. Kuderer, and Jeffrey Crawford



**Fig 2.** Forest plot of the estimated relative risks (RRs) and 95% CIs for acute myeloid leukemia (AML) or myelodysplastic syndrome (MDS) comparing granulocyte colony-stimulating factor (G-CSF)-supported chemotherapy with control for each study (squares), with weighted summary RR (diamond) based on the Mantel-Haenszel (MH) method. Studies with no AML/MDS in either study arm are not shown.

Acute Myeloid Leukemia or Myelodysplastic Syndrome in  
Randomized Controlled Clinical Trials of Cancer  
Chemotherapy With Granulocyte Colony-Stimulating  
Factor: A Systematic Review

Gary H. Lyman, David C. Dale, Debra A. Wolff, Eva Culakova, Marek S. Poniewierski, Nicole M. Kuderer,  
and Jeffrey Crawford

**Table 2.** Absolute and Relative Risk for AML/MDS and All-Cause Mortality With G-CSF Versus No G-CSF by Cancer Type and Regimen Category

Cancer Type and Regimen	AML/MDS					All-Cause Mortality				
	No. of Trials	Relative Risk	95% CL	Absolute Risk Difference (%)	95% CI	No. of Trials	Relative Risk	95% CL	Absolute Risk Difference (%)	95% CI
Overall	23	1.915*	1.195 to 3.070	0.41*	0.11 to 0.73	25	0.897†	0.857 to 0.938	-3.40†	-4.80 to -2.01
Cancer type										
Breast	7	1.811	0.897 to 3.656	0.30	-0.06 to 0.67	7	0.902‡	0.815 to 0.998	-1.89‡	-3.72 to -0.06
Endometrial	2	2.916	0.305 to 27.872	0.68	-0.66 to 2.02	2	0.945	0.874 to 1.021	-4.64	-10.89 to 1.61
Germ cell	1	0.336	0.014 to 8.170	-0.77	-2.90 to 1.36	1	0.849	0.568 to 1.269	-4.42	-15.23 to 6.38
Hodgkin's	1	2.013	0.820 to 4.942	1.51	-0.39 to 3.41	1	0.660‡	0.452 to 0.963	-4.42‡	-8.39 to -0.46
Non-Hodgkin's	8	2.732	0.804 to 9.280	0.45	-0.13 to 1.03	10	0.895*	0.832 to 0.963	-4.66*	-7.57 to -1.75
Lung	3	0.956	0.101 to 9.072	0.00	-1.66 to 1.66	3	0.945	0.875 to 1.021	-4.88	-11.46 to 1.71
Urothelial	1	0.963	0.061 to 15.229	-0.03	-2.13 to 2.07	1	0.868‡	0.772 to 0.977	-11.45‡	-20.79 to -2.11
Regimen category										
Same drugs, dose, and schedule	9	1.947	0.487 to 7.779	0.35	-0.51 to 1.21	11	0.942	0.881 to 1.009	-2.90	-6.22 to 0.42
Dose-dense schedule	6	1.288	0.577 to 2.875	0.11	-0.25 to 0.48	6	0.841†	0.776 to 0.912	-4.79†	-7.01 to -2.57
Dose escalation	3	2.211	0.940 to 5.203	1.34	-0.09 to 2.78	3	0.785	0.589 to 1.045	-2.97	-6.46 to 0.52
Added or substituted agent	5	2.827‡	1.013 to 7.885	0.56‡	0.01 to 1.12	5	0.945	0.868 to 1.029	-1.65	-4.08 to 0.78

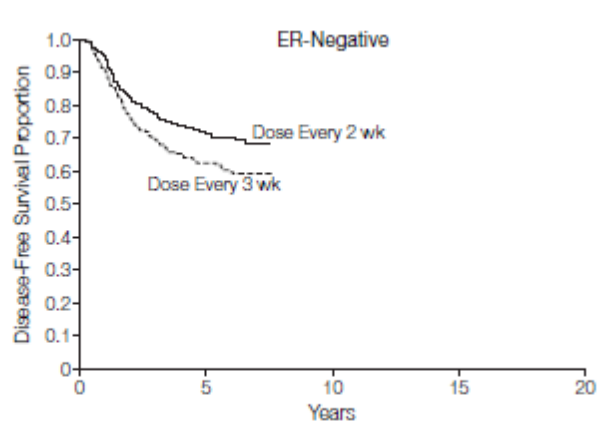
Abbreviations: AML, acute myeloid leukemia; MDS, myelodysplastic syndrome; G-CSF, granulocyte colony-stimulating factor.

\* $P < .01$ .

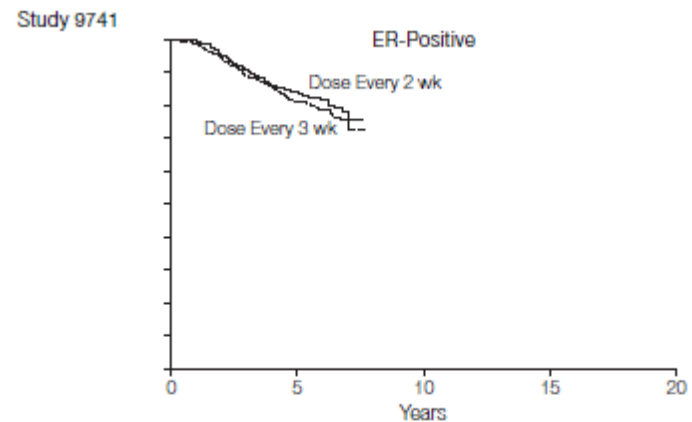
† $P < .001$ .

‡ $P < .05$ .

# Estrogen-Receptor Status and Outcomes of Modern Chemotherapy for Patients With Node-Positive Breast Cancer



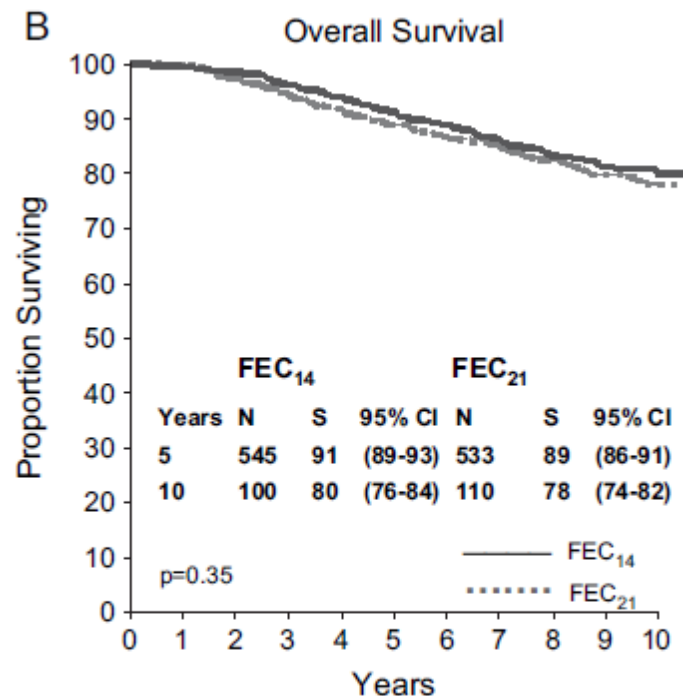
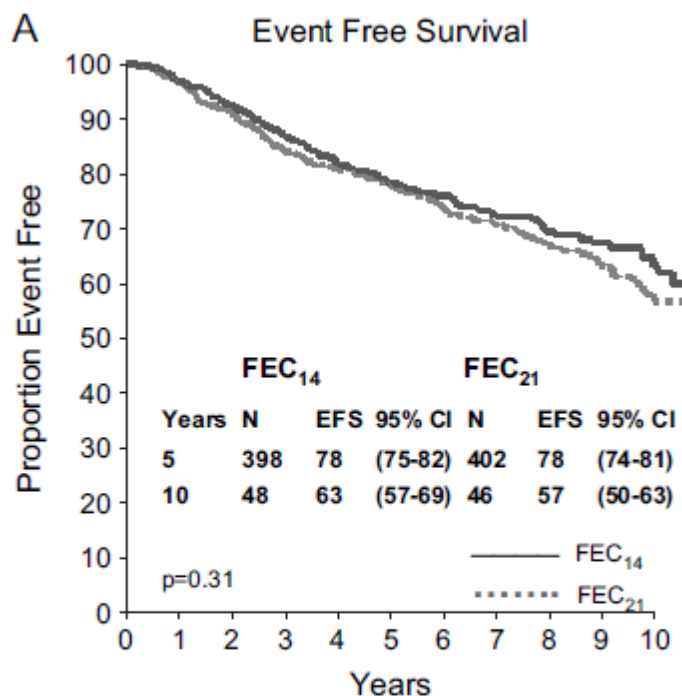
No. at Risk	
Dose Every 2 wk	352      206
Dose Every 3 wk	345      186



598	422
589	415

# Dose-Dense Adjuvant Chemotherapy in Early Breast Cancer Patients: Results From a Randomized Trial

Marco Venturini, Lucia Del Mastro, Enrico Aitini, Editta Baldini, Cinzia Caroti, Antonio Contu, Franco Testore, Fulvio Brema, Paolo Pronzato, Giovanna Cavazzini, Mario Roberto Sertoli, Giuseppe Canavese, Riccardo Rosso, Paolo Bruzzi



N° pts at risk

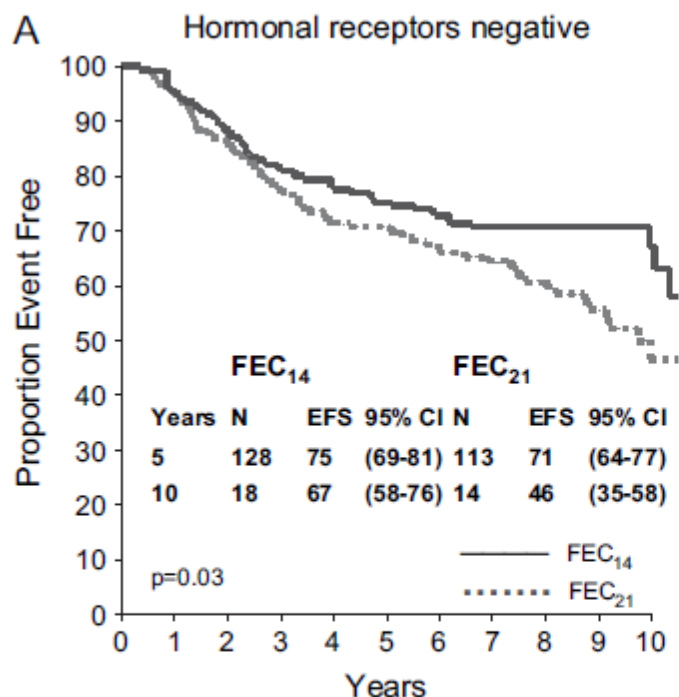
	0	1	2	3	4	5	6	7	8	9	10
FEC <sub>14</sub>	604	566	523	482	434	398	340	266	164	102	48
FEC <sub>21</sub>	610	578	537	475	441	402	348	296	193	110	46

N° pts at risk

	0	1	2	3	4	5	6	7	8	9	10
FEC <sub>14</sub>	604	601	594	579	565	545	506	439	314	210	100
FEC <sub>21</sub>	610	606	591	572	557	533	506	450	334	207	110

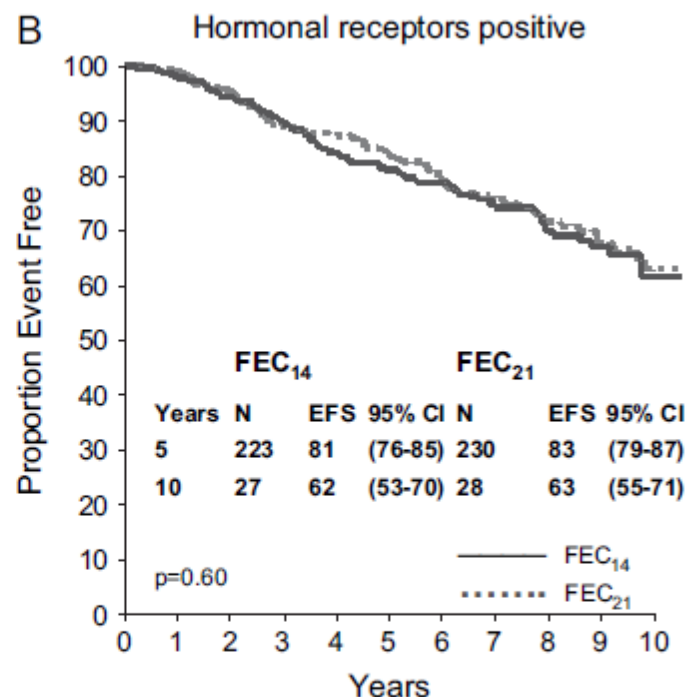
# Dose-Dense Adjuvant Chemotherapy in Early Breast Cancer Patients: Results From a Randomized Trial

Marco Venturini, Lucia Del Mastro, Enrico Aitini, Editta Baldini, Cinzia Caroti, Antonio Contu, Franco Testore, Fulvio Brema, Paolo Pronzato, Giovanna Cavazzini, Mario Roberto Sertoli, Giuseppe Canavese, Riccardo Rosso, Paolo Bruzzi



N° pts at risk

FEC <sub>14</sub>	203	189	168	153	138	128	106	86	60	43	18
FEC <sub>21</sub>	193	182	163	136	121	113	96	79	55	35	14

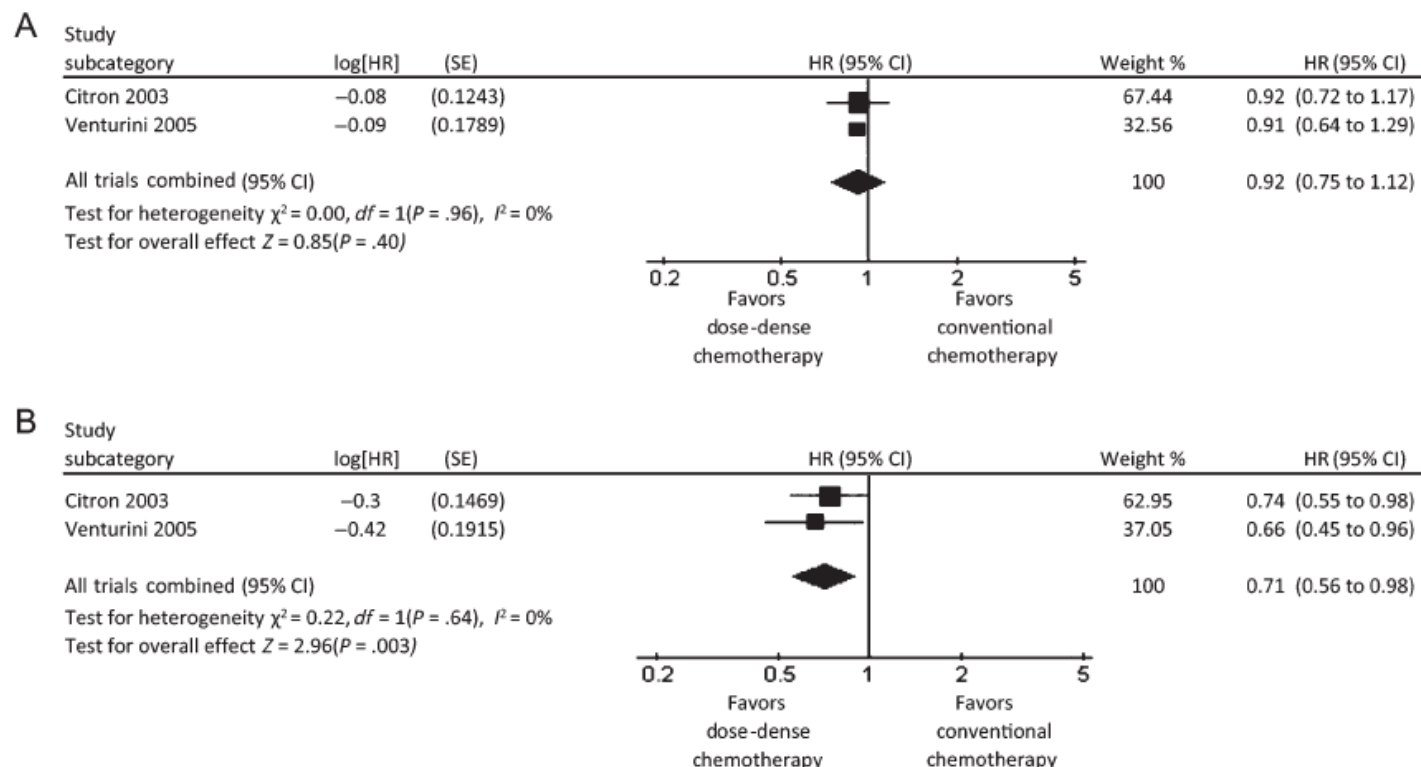


N° pts at risk

FEC <sub>14</sub>	326	310	290	270	242	223	192	150	87	51	27
FEC <sub>21</sub>	324	313	299	271	255	230	200	166	110	59	28

# Dose-Dense Chemotherapy in Nonmetastatic Breast Cancer: A Systematic Review and Meta-analysis of Randomized Controlled Trials

Luisa Bonilla, Irit Ben-Aharon, Liat Vidal, Anat Gafter-Gvili, Leonard Leibovici, Salomon M. Stemmer



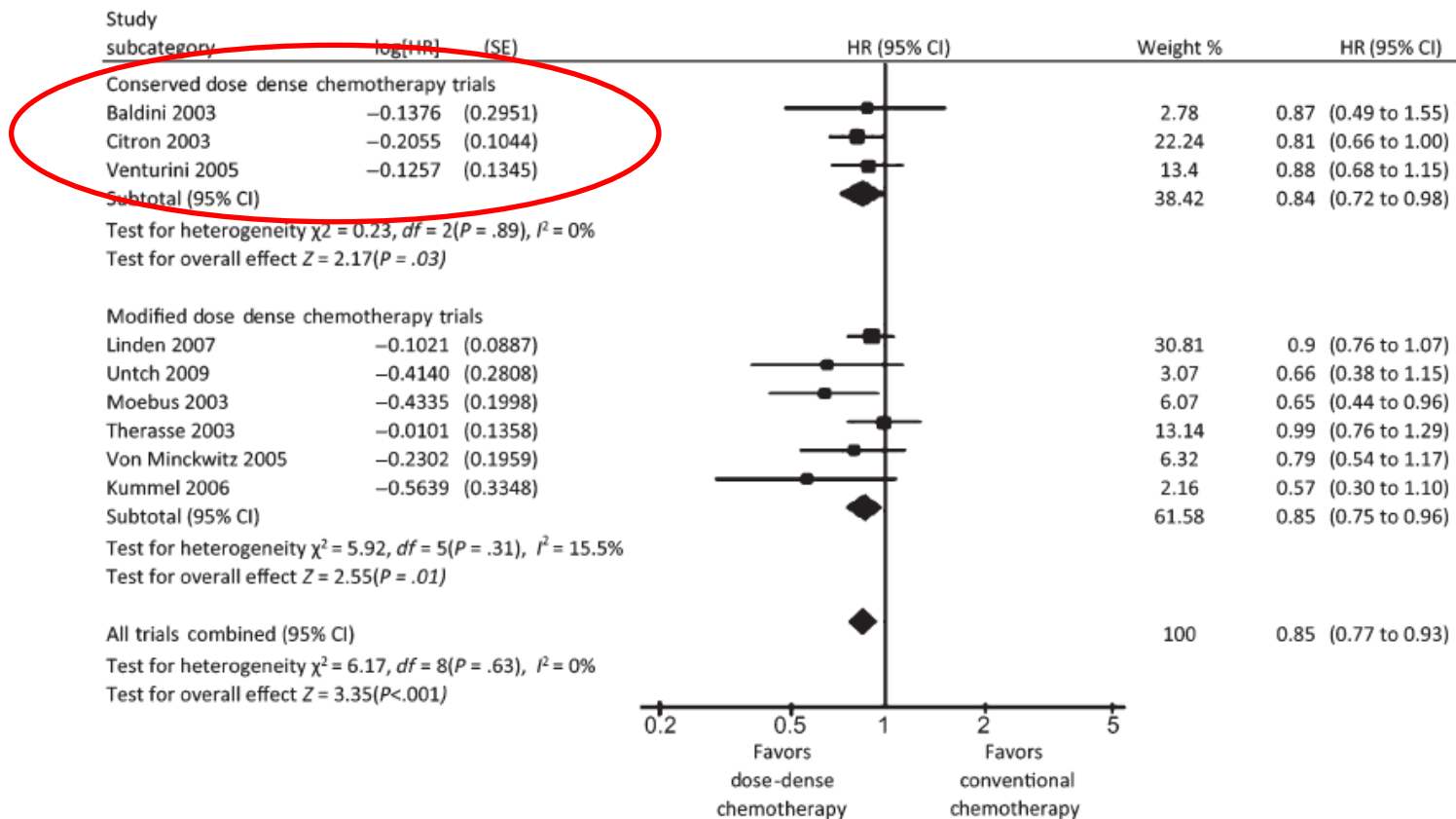
**Figure 4.** Forest plot of hazard ratios (HRs) comparing disease-free survival for estrogen receptor–positive and estrogen receptor–negative patients who received dose-dense chemotherapy vs those who received conventional chemotherapy in the conserved dose-dense chemotherapy trials. **A)** Estrogen receptor–positive patients. **B)** Estrogen receptor–

negative patients. Hazard ratios for each trial are represented by the **squares**, the size of the square represents the weight of the trial in the meta-analysis, and the **horizontal line** crossing the square represents the 95% confidence interval (CI). The **diamonds** represents the estimated overall effect based on the meta-analysis fixed effect of all trials.

# Dose-Dense Chemotherapy in Nonmetastatic Breast Cancer: A Systematic Review and Meta-analysis of Randomized Controlled Trials

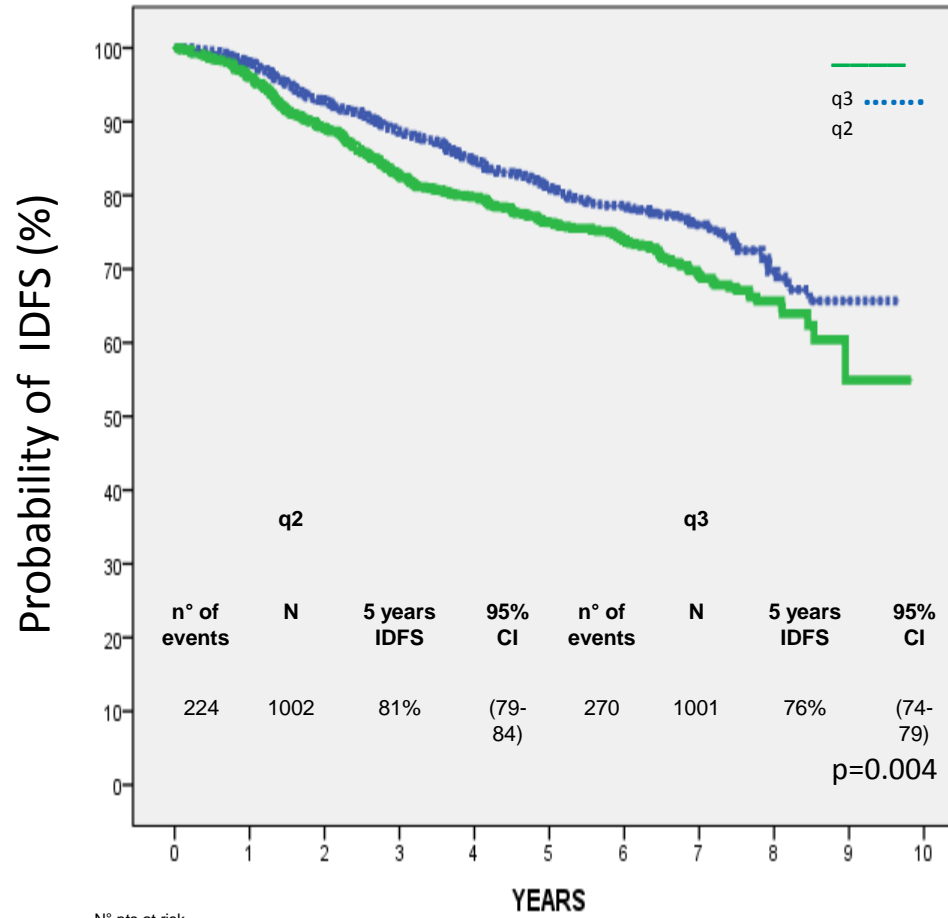
Luisa Bonilla, Irit Ben-Aharon, Liat Vidal, Anat Gafter-Gvili, Leonard Leibovici, Salomon M. Stemmer

## Overall survival





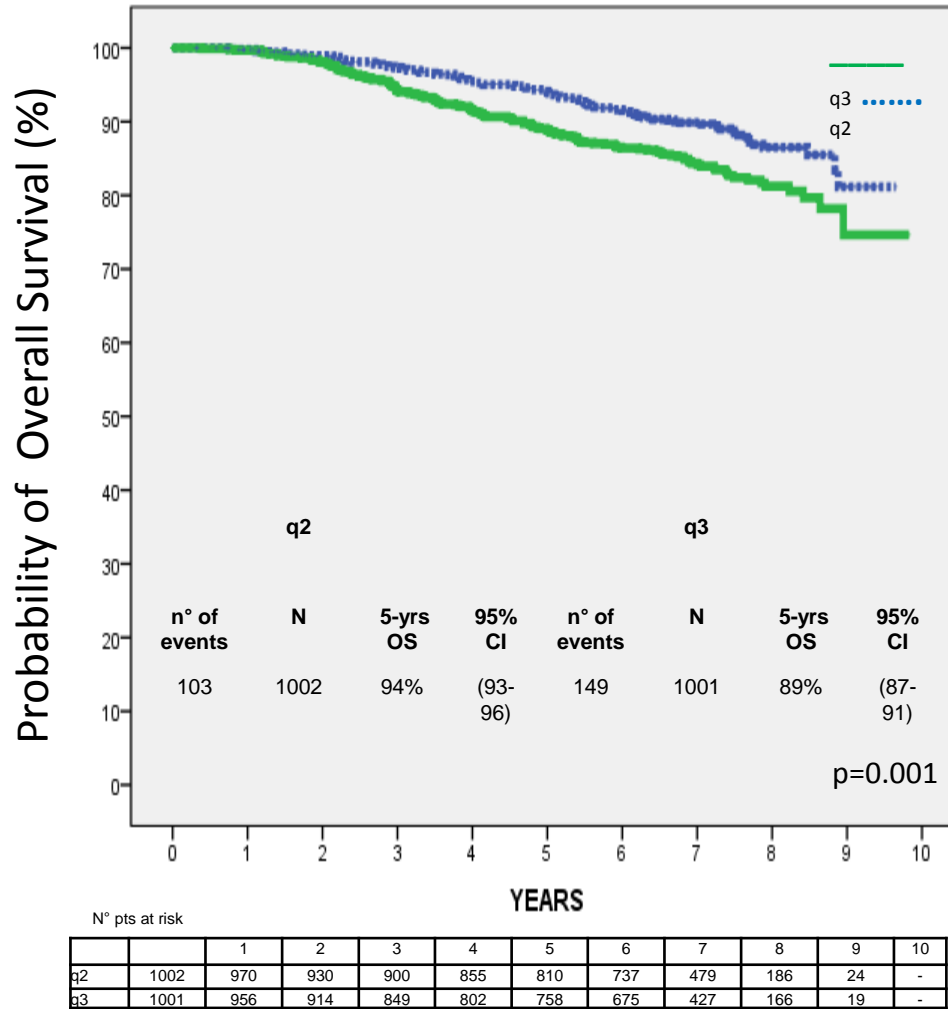
# GIM2 study



		1	2	3	4	5	6	7	8	9	10
q2 wks	1002	935	857	795	725	646	554	343	101	13	-
q3 wks	1001	907	810	724	662	599	492	294	92	9	-

\*STRATIFIED FOR EC/FEC

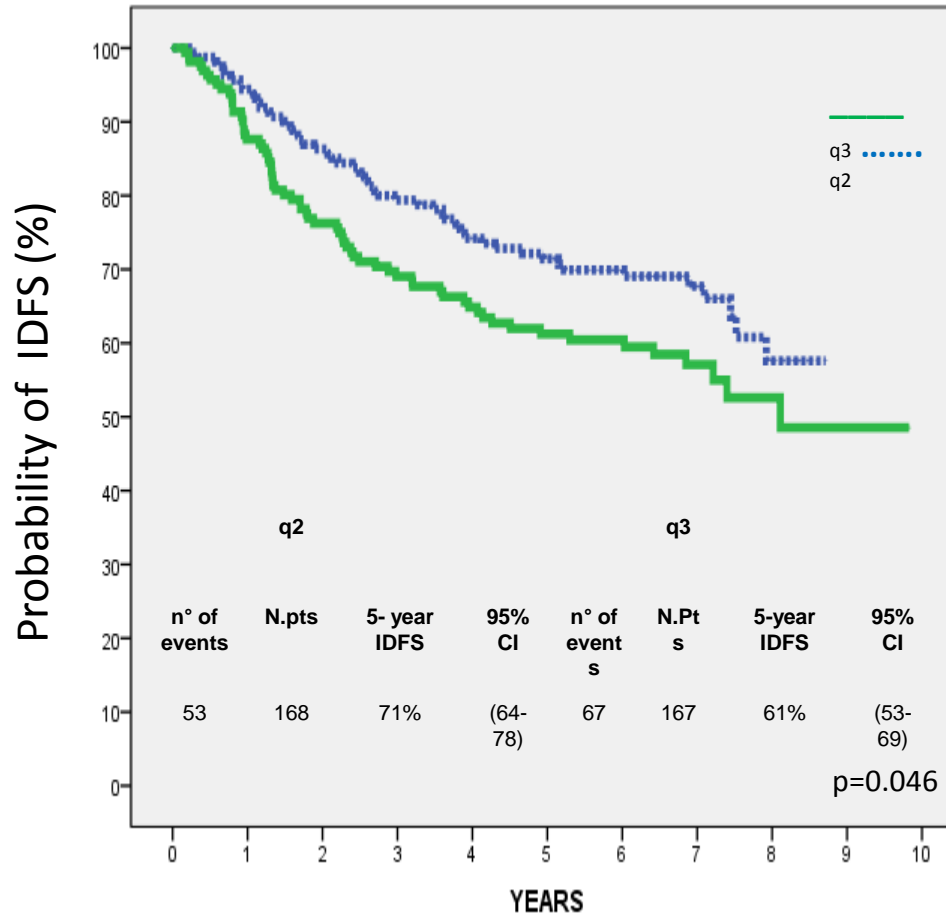
# GIM2 study



\*STRATIFIED FOR EC/FEC

# GIM2 study

## Hormonal receptor negative patients



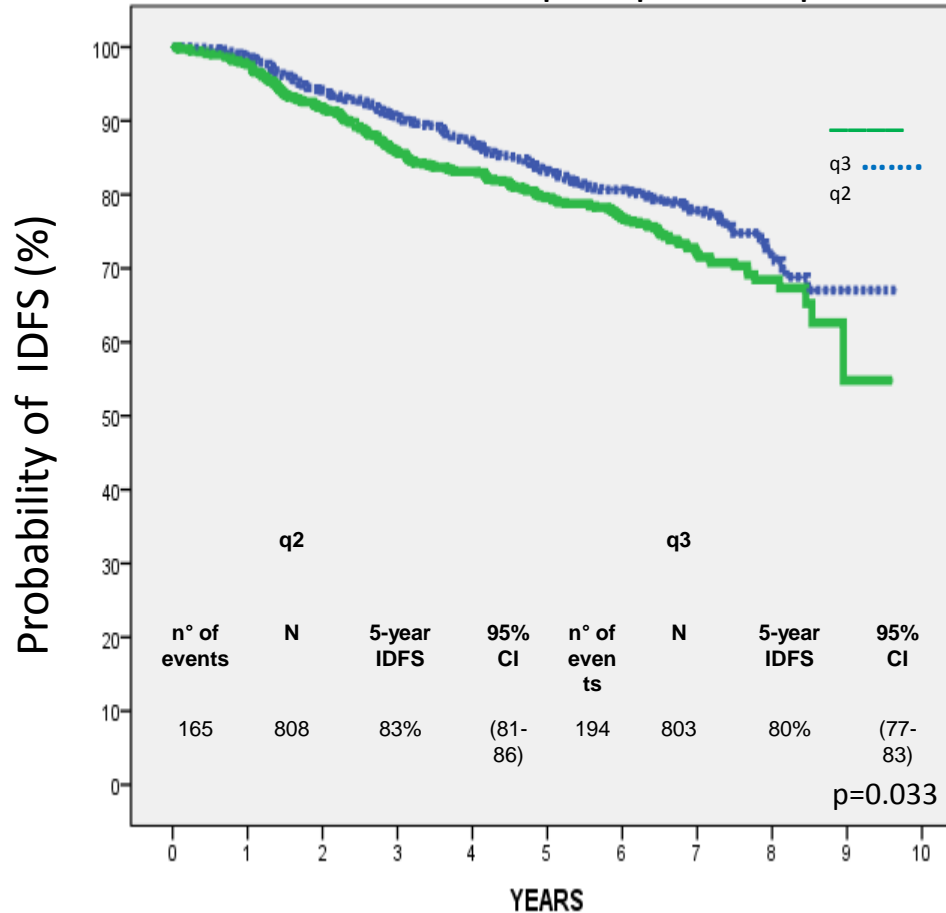
No. at risk

	0	1	2	3	4	5	6	7	8	9	10
q2	168	152	137	126	112	101	81	45	16	-	-
q3	167	141	118	102	91	81	66	35	16	2	-

\*STRATIFIED FOR EC/FEC

# GIM2 study

## Hormonal receptor positive patients



No. at Risk

		1	2	3	4	5	6	7	8	9	10
q2 wks	808	758	697	647	594	527	459	267	82	13	-
q3 wks	803	737	666	603	553	501	415	225	71	6	-

\*STRATIFIED FOR EC/FEC

# Dose dense CT

## OXFORD meta-analysis 2013

■ 10261 Pts      10 Years

DFS

OS

ALL

4,8% (2p: 0,0004)

2,4% sig

ER-

10,6% (2p<0,0001)

5,6% (2p 0,03)

ER+

4,4% (2p :0,01%)

0,8% non sig

# S0221: Revised Schema

Stage  
I-III  
Breast  
Cancer

R  
A  
N  
D  
O  
M  
I  
Z  
E

Doxorubicin 60 mg/m<sup>2</sup>  
Cyclophosphamide 600 mg/m<sup>2</sup>  
Peg-filgrastim q 2 weeks x 4

Doxorubicin 60 mg/m<sup>2</sup>  
Cyclophosphamide 600 mg/m<sup>2</sup>  
Peg-filgrastim q 2 weeks x 6

*Doxorubicin 24 mg/m<sup>2</sup>  
Cyclophosphamide 60 mg/m<sup>2</sup> po  
GCSF d2-7 Weekly x 15 weeks*

Doxorubicin 60 mg/m<sup>2</sup>  
Cyclophosphamide 600 mg/m<sup>2</sup>  
Peg-filgrastim q 2 weeks x 6

*Doxorubicin 24 mg/m<sup>2</sup>  
Cyclophosphamide 60 mg/m<sup>2</sup> po  
GCSF d2-7 Weekly x 15 weeks*

Doxorubicin 60 mg/m<sup>2</sup>  
Cyclophosphamide 600 mg/m<sup>2</sup>  
Peg-filgrastim q 2 weeks x 4

Paclitaxel 175 mg/m<sup>2</sup>  
Peg-filgrastim  
q 2 wks x 6

Paclitaxel 175 mg/m<sup>2</sup>  
Peg-filgrastim  
q 2 wks x 6

Paclitaxel 175 mg/m<sup>2</sup>  
Peg-filgrastim  
q 2 wks x 6

*Paclitaxel 80 mg/m<sup>2</sup>  
Weekly x 12*

*Paclitaxel 80 mg/m<sup>2</sup>  
Weekly x 12*

*Paclitaxel 80 mg/m<sup>2</sup>  
Weekly x 12*

# April 2013 Updated Analysis

## Overall Survival by Paclitaxel Schedule



Number at risk

q2 wk	1618	1246	955	515	111	0
weekly	1606	1232	925	484	90	0

# Summary

- DFS and OS produced by 6 cycles of q 2 week paclitaxel and 12 weeks of weekly paclitaxel was similar
- Leukopenia was observed more commonly with weekly paclitaxel, but these patients had CBC's performed weekly and did not receive CSF's routinely
- Allergic-type reactions, musculoskeletal pain, and neuropathy were more common in patients treated q 2 weeks for 12 weeks



# La chemioterapia dose-dense: quale ruolo nella pratica clinica?

- Vantaggio in DFS e OS (livello di evidenza 1++, grado raccomandazione A, positiva forte)
  - Vantaggio clinicamente maggiore nelle pazienti con RO negativi, ma presente anche nelle pazienti con RO positivi